

HARTENBOS DRAWWERS

BIED AAN HARTENBOS 15km 6de April 2024 07h00



ONLINE ENTRIES (R10.00 online fee is ad allready)

Distance Fun Run, 15km Cost Fun Run = R40.00 (ASA License not necessary)

Cost 15km = R100.00(Licensed Athletes) Cost 15km = R145.00 (Unlicensed Athletes)

Where www.aswd.co.za Closing Date 2 April 2024 at 23h00

E-MAIL AND WHATTSUP ENTRIES

Distance Fun Run & 15km Cost Fun Run = R40.00 (ASA License not necessary)

Cost 15km = R90.00(Licensed Athletes) Cost 15km = R135.00 (Unlicensed Athletes)

Where hartenbosdrawwers1@gmail.com Closing Date 2 April 2024 at 23h00

LATE ENTRIES FORM 3 APRIL 2024 TILL 5 APRIL 2024 at 17H30 (15h00 till 17h30 AT VENUE)

Where Klipheuwel Kleinbrak Cost Fun run = R30 (ASA License not necessary)

Cost 15km = R110.00(Licensed Athletes) Cost 15km = R155.00 (Unlicensed Athletes)

NO ENTRIES ON RACE DAY - ONLY COLLECTION OF TEMP LICENSE NUMBERS

GENERAL INFORMATION

Start 15km starts at 07h00 at Klipheuwel Kleinbrak
Fun run starts at 07h15 at Klipheuwel Kleinbrak
Fun run starts at 07h15 at Klipheuwel Kleinbrak

and at the finish line.

Medals

Fun Run : All finishers within 1h00

Information Ferdie Nel: 083 294 2640 Gidoen Adriaanse 082 222 7171 Petro Nel: 072 259 6759 Louise Vorster: 083 291 6859

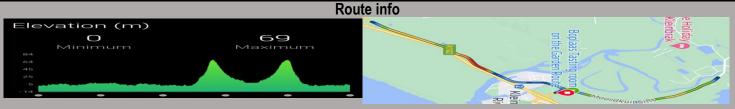
BANKING DETAILS

Only EFT Payments

HARTENBOS DRAWWERS

NO CASH to be paid into the

Standard Bank Branch: 50414 Savings Account Acc Nr. 385414803 bank account



This 15km will be a very good pratice run before Two Oceans







The Race is held under the rules of ASA and ASWD



HARTENBOS DRAWWERS

HARTENBOS 15km 6 Apr 2023 ENTRY FORM



NO ENTRIES ON RACE DAY NO CASH TO BE PAID INTO BANK ACCOUNT - ONLY EFT Licensed Athletes HTB Club **R90** Licensed Athletes Online R100 Manual E-Mail Pre-Entry Licensed Athletes R100 Licensed Athletes E-Mail R100 **Entry** 15KM **Unlicensed Athletes** Online R145 Unlicensed Athletes HTB Club R135 15KM Unlicensed Athletes **Unlicensed Athletes** E-Mail R145 E-Mail R145 Pre-Entry Online R40 Manual **HTB Club** No License needed No License needed **R30 FUN RUN** E-Mail **R40 FUN RUN** Online entries close on 2 April 24 at 12h00, Email entries close on 2 April 24 at 12h00 Licensed Athletes **FUN RUN** R30 Between 15h00 till R110 15 KM Late entries on 2 April 24 17h30 Unlicensed Athletes R155 ADMIN USE ONLY ASWD temp **Temp Number** Tag No Fees paid Yes No Tick appropriate box Surname **First Name ID Number** Date of birth Age Male Female Υ D М D Cell Number **EMERGENCY CONTACT Emergency Contact Contact number** Club name walk Age category 14-19 Open 40-49 50-59 60-69 70-79 +08 ACG **ANW** AGN **AVT** KNA **ASA ACNW** AGW **ANWC BORA** LIMA **Province** AFS **AMP ASWD WPA EPA** INDEMNITY / DISCLAIMER By entering this event, I undertake to be bound by the rules and regulations of the event including those of WA and ASA. I warrant that I am in good health and aware of the risks and dangers of the physical nature of this sporting event, and do not claim ignorance of these risks and dangers. I hereby accept that I participate in the event entirely at my own risk and I release and discharge, to the fullest extent allowed in law, the organizers of the event, all sponsors, persons and organizations assisting in the staging of the event, provincial and national athletics bodies and all local authorities from any responsibility, liability or costs relating to any injury, loss or damage of whatever nature, however caused, arising directly or indirectly from my participation in the event including pre - and post-race activities. I further agree and warrant that if at any time I believe conditions to be unsafe; I will immediately discontinue further participation in the activity. Sign Date MINOR RELEASE And I, the minor's parent and/or legal guardian, understand the nature of athletic activities and the minor's experience and capabilities and believe the minor to be qualified, in good health, and in proper physical condition to participate in such activity and I enter into this indemnity/waiver on behalf of the minor. Printed name of participant (parent/guardian in case minor) SIGNED (signed by a parent/legal guardian if the participant is under age of 18 Date

INFORMATION

ENTRY FORM

Entry forms will be available at :

1) Hartenbos Drawwers Clubhouse in Diaz

WHERE TO ENTER

ONLINE ENTRIES : www.aswd.co.za. Online entries close on 2 April 24 at 23h00

MANUAL ENTRIES: Hartenbos Drawwers Clubhouse in Diaz

Manual entries close on 2 April 24 at 19h00
EMAIL ENTRIES : Mail entry form and proof of payment to hartenbosdrawwers1@gmail.com

LATE ENTRIES : 5 April 24 from 15h00 till 17h30 at Klip heuwel Kleinbrak

BANK DETAILS

Hartenbos Drawwers

NO CASH TO BE PAID INTO ACCOUNT

Standard Bank (Savings Account) Branch code: 051001
Account number 385414803 Reference: Name/Surname/15km

Entry form and proof of payment must be mailed to hartenbosdrawwers1@gmail.com

Collection of Temp numbers at Klip Heuwel Kleinbrak

5 April 24 form 15h00 and 17h30 and on 6 Apr 24 between 06h00 and 06h30

Prize giving at 09h30 on the 6 Apr 24

Time limit on 15km is 2h00

1st 500 entries will be excepted on the 15km

15km start at 07h00 at Klip heuwel Kleinbrak

Fun run start at 07h15 at Klip heuwel Kleinbrak

Waterpoints will be on the 3km, 6km, 9km, 10km and at the finish line.

CONTACT PERSONS

Petro Nel 072 259 6759 Ferdie Nel 083 294 2640

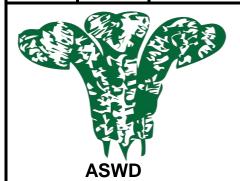
hartenbosdrawwers1@gmail.com

Gidoen Adriaanse

0 822 227 171

Louise Vorster 0 832 916 859

PLACE	Men/Women								
	OPEN	JUNIOR	40 – 49	50 - 59	60 – 69	70 - 79	80+	Walk	HTB DRAW
1	R400	R100							
2	R300								
	D 0 0 0								











RULES AND REGULATIONS



Rules used:

Held under the rules of ASA and ASWD. All competitors must comply with the rules, regulations and instructions given by officials, marshals and traffic officials. Non-compliance may lead to disqualification. The Race Feferee's decision is final. The Race Organizer reserve the right to accept/reject any entry received.

Rules useu.	final. The Race Organizer reserve the right to accept/reject any entry received.						
Age:	Minimum age on race day is 14 years for the 15km						
	The minimum age for the fun run is 7 years, however entrants younger than 7 years can participate in the fun run if accompanied by a guardian who is 16 years or older.						
Seconding:	No seconding from cyclists or private vehicles allowed. Personal seconding, stand and hand rule will only be permitted within the delineated area at water points. (ASA Rule 34.8.2).						
Safety:	All distances – No earphones (ASA Rule 34.10.6), animals (ASA Rule 34.10.1), racers (ASA Rule 34.10.3) or wheelchairs (ASA Rule 34.10.4) allowed.						
Age Categories:	Participants will be eligible for prizes in the OPEN category and the Age category for which they have entered provided the relevant age category tags or Junior tags are displayed, visible and above license number front and back. Participants may enter the age category corresponding to their chronological age or any younger category down to SENIOR. (Red age tags/white background) (ASA rule 22.9)						
Prize Giving:	Prize giving will be held at the venue at 09h30 for the 15km event or 15min after the cut off time						
Proof of age:	Athletes must give proof of age at the request of the Race Referee. (SA ID/Passport/Driver's License/Refugee Permit/Birth Cert.)						
Foreigners:	No Foreigners are allowed to enter for this event.						
Entries:	Online can be done at www.aswd.co.za Entry forms will be available at Hartenbos Drawwers Club and at all clubs.						