

# **MOSSEL BAAI SPORTFEES 15KM**

	ONL	INE ENTRIES									
Distance	Fun Run, 15km	Cost	Fun run is R45.00 ASA License number not necessary								
Cost	15km = R95 .00 for athletes with ASA License	Cost	15km = R140.00 for athletes with No ASA License								
Where	www.aswd.co.za	Close date	1 Oct 2024 @ 23h59								
Entries											
Distance	Fun Run, 15km	Cost	Fun run is R35.00 ASA License number not necessary								
Cost	15km = R85.00 for athletes with ASA License	Cost	15km = R130.00 for athletes with No ASA License								
Where	ASWD office or at Hartenbos Drawwers Club	Close date	1 Oct 2024 @ 19h00								
	Entrie	s on 4 Oct 2024									
Where	4 Oct 24 at the Hartenbos Library form 16h00 and	18h00 Cost	Fun run is R35.00 ASA License number not necessary								
Cost	15km = R105.00 for athletes with ASA License	Cost	15km = R150.00 for athletes with No ASA License								
	NO ENTRY ON RACE DAY - ONLY COLLEC	TION OF TEMP LIC	CENSE NUMBERS AND TIMING CHIPS								
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#### General information

Start

15km start at 07h00 at the Hartenbos Library
Fun run start at 07h15 at the Hartenbos Library
Finish

All the events will finish in front of the Hartenbos Library

Waterpoints will be on the 3,5km, 7km, 10km, 12,5km and at the finish line.

Medals

15km all who complete the race in 2h30hours.

Fun run all who complete the fun run in 1h30

## 4KM FUN RUN/FUN WALK - 07H15

### 15KM RUN/WALK - 07H00



Waterpoint





The Race is held under the rules of ASA and ASWD





2024/10/05 15km



**SPORTFEES 15KM** 



# HARTENBOS DRAWWERS



MOSSELBAAI SPORTFEES 15KM																		
ENTRY FORM																		
Entry for 4km, 15km																		
Online entries funrun R45						-		re-entrie			1	R35			ntries			R35
Online entries 15km licensed athletes Online entries 15km unlicensed athletes					R95 R140			s 15km 15km u				R85 R130		e entries				R105 R150
CLOSE					K140	F16-0		OSE ON				KISU					at 18h0	
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First Name				L														
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Emergency Contact																		
Emergency Cont	act							gency c	ontact									
Contact number																		
Club name				<b>-</b>	<u> </u>													
2022 License Nr ASA Province																		
15km	15km FunRun Run Walk																	
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or indirec	-		-				-	-	-				-				f at	
an	y time	l believ	e cond	itions	to be ur	nsafe;	will in	nmediat	ely dis	continu	ie furth	er part	cipatio	n in th	e activ	ity.		
		0:						_				D. t.						
		51	ign				MINI	OD DEI	EVGE			Date						
MINOR RELEASE  And I, the minor's parent and/or legal guardian, understand the nature of athletic activities and the minor's experience and capabilities and												and						
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activity and	enter i	into thi	s inden	nnity/w	aiver o	n pena	iif of th	ie minor	. Printe	a nam	е от ра	rticipan	ιτ (pare	nt/guai	raian ir	i case i	ninor)	
SIGNED (signed b	SIGNED (signed by a parent/legal guardian if the participant is under age of 18  Date																	
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				RULES	AND RE	GULATIO	NS					
1	Age	The minimum age for the 4km is 7 years, however entrants  Minimum age on race day is 14 years for the 15 km. younger than 7 years can participate in the 4km if accompanied by a guardian who is 16 years or older.										
2	Second	No secondi	ng from cyclis	sts or private v		ed. Personal s rea at water po			rule will only b	e permitted		
3	Safety	All distances – No earphones (ASA Rule 34.10.6), animals (ASA Rule 34.10.1), racers (ASA Rule 34.10.3) or wheelchairs (ASA Rule 34.10.4) allowed.										
4	Age tags	Participants will be eligible for prizes in the OPEN category tag or junior tags if displayed, visible and above license number front and back. Participants may enter the age category corresponding to their chronological age or any younger category down to SENIOR. (Red age tags/white background (ASA rule 22.9)										
5	Prize Giving	Prize giving will start at 10h00 and all prize winners must attend the prize giving and the athlete must attend the prize giving in club colours. If an athlete is not at the prize giving or not in club colours he will forfeit his prize.										
6	Proof of age	Athletes must give proof of age at the request of the Race Referee. (SA ID/Passport/Driver's License/Refugee Permit/Birth Cert.)										
7	Foreigners	Foreigners are allowed to enter for this event if they have prove form ASA.										
8	Rules used	All road races held subject to the rules of ASA and Athletics SWD. All competitors must comply with the rules, regulations and instructions given by officials, marshals and traffic officials. Non compliance may lead to disqualification. The Race Referee's decision is final. The race organiser reserves the right to accept/reject any entry received.										
			Online can be	done at www	.aswd.co.za a	nd entries for	ms will be at A	ASWD office a	nd at all clubs			
11	Entries		Late	e entries only o	on 4 Oct 2024	at Hartenbos	Library betwe	en 16h00 till 1	8h00			
					NO EN	TRIES ON RA	CE DAY					
	Price money for 15km											
12				I Man/Woman	Men/Women	Men/Women						
12	PLACE	Men/Women			=							
12		OPEN	JUNIOR	40 – 49	50 - 59	60 – 69	70 - 79	80+	Walk	HARTENBO		
12	1	OPEN R500			50 - 59 <b>R200</b>	60 – 69 <b>R200</b>	70 - 79 <b>R200</b>	80+ R200	Walk R200			
12		OPEN	JUNIOR	40 – 49						HARTENBO		

# INFORMATION

					ENTRY	FORM							
1				Entry forms	will be availal	ble at the follo	wing places						
		Entry f	orms will be a	vailable at:	ASWD Office	and Harte	nbos Drawwe	rs Clubhouse	in Diaz				
2					Where to en	ter for even	t						
		C	Online entries	at www.aswd.	.co.za - Or	nline entries c	lose on 1 Oct	2024 @ 23h5	9				
				Manua	al entries ca	n be hande	d in at						
3	ASWD Office in George, OR Hartenbos Drawwers Clubhouse in Diaz,												
	Manual entries close on 1 Oct 2024 at 19h00												
4	Late entries												
	4 Oct 24 at the Hartenbos Library form 16h00 and 18h00												
Manual entries payment													
					Hartenbos	Drawwers							
5			bank (Savings	,				nch code: 051					
			nt number 385					e: Name and					
	Entry form plus proof of payment must be send by email to hartenbosdrawwers1@gmail.com												
6					n of temp n		•						
				etween 16h00	and 18h00 an	d on race day							
7		it on 15km is 2							e excepted or				
8	T	AKE NOTE: TI	HERE WILL O	NLY BE PRIZE			R MORE ATH	LETES IN AN A	AGE CATEGO	RY			
		1	B. 847	84 /s4/		ey for 15km	1 n n n n	BA 647	l n.a				
	PLACE				Men/Women								
9	1	OPEN	JUNIOR	40 – 49	50 - 59	60 – 69	70 - 79	80+	Walk	HARTENBOS			
	2	R500 R400	R200	R200	R200	R200	R200	R200	R200	R200			
-	3	R300											
10	<u> </u>	1300		Cont	act persons	/Kontak nei	reone						
10	Ferdie	სგვეი	42640		act persons web.co.za	Petro	0722596759	hartonhos	sdrawwers1@g	rmail com			
	reiule	00329	42040	ieiuie@iii	WCD.CU.Za	reliu	0122330133	nantenbos	ourawwers I@	giiidii.CUIII			