



**ASWD
CROSS COUNTRY - LEAGUE 2
OLYMPIA**



2026/06/13

	ATHLETE	CLUB/ SCHOOL	Race POS	AGE	DOB	M/F	TIME
Girls 8 yrs (2018) QT 00:04:26							
1	HOPE SWARTS	BORCHARDS EAGLES	5	8	2018/05/09	F	00:04:07.55
2	JIVANTE LINKS	BORCHARDS EAGLES	7	8	2018/03/23	F	00:04:15.51
3	Kaitlin Saayman	Coastline	10	8	2019/06/18	F	00:04:18.17
4	Amelie Lamprecht	Laerskool George-Suid	11	8	2018/11/11	F	00:04:19.85
5	SHADONE SCHEEPERS	BORCHARDS EAGLES	14	8	2018/03/06	F	00:04:27.34
6	KIRA SWANEPOEL	WESBANK	16	8	2018/11/20	F	00:04:32.56
7	Ava Giles	WESBANK	17	8	2018/06/07	F	00:04:34.11
8	Steplenique Jormat	St. Luke's (E.K.) Primêr	18	8	2018/01/31	F	00:04:38.83
9	SAMIRR HAYLE	BORCHARDS EAGLES	21	8	2018/06/26	F	00:04:54.28
10	Anothando Tuku	Hornlee Primary	23	8	2018/02/11	F	00:05:06.54
11	Faith Leigh Jordaan	Hornlee Primary	25	8	2018/06/19	F	00:05:16.61
12	Zoey April	Borchards Eagles	26	8	2019/09/04	F	00:05:24.13
13	Rasashley Dyson	Sunridge Primary	27	8	2018/05/31	F	00:05:32.07
14	Lilly Jegels	Fraaisig Primary School	30	8	2018/02/09	F	00:05:50.51
15	Treveneshia Taylor	Mossel Bay Harriers	33	8	2018/09/28	F	00:06:17.46
16	Lia Fortuin	Mossel Bay Harriera	34	8	2019/07/20	F	00:06:24.63
Boys 8 yrs (2018) QT 00:04:02							
1	Aiden Booysen	Borchards Eagles (Heidedal)	1	8	2018/05/26	M	00:03:52.62
2	Reinhardt van Heerden	Hartenbos drawwers	2	8	2018/01/19	M	00:03:54.17
3	TYLER HENDRICKS	COASTLINE/VOORWAARTS	3	8	2018/02/02	M	00:03:58.92
4	Zane Nel	St. Luke's (E.K.) Primêr	4	8	2018/07/24	M	00:04:04.37
5	Hanroux Mocke	Laerskool Hartenbos	6	8	2018/10/03	M	00:04:13.76
6	Likhona Jacobs	KMC	8	8	2010/04/02	M	00:04:16.68
7	Jona Van Der Westhuizen	Plett Primary	9	8	2019/09/15	M	00:04:17.67

8	Lehogen Brown	Mossel Bay Harriera	12	8	2018/03/27	M	00:04:25.27
9	Tyler Petersen	Fraaisig Primary School	13	8	2018/09/20	M	00:04:26.83
10	Simeon Bezuidenhout	Nedbank RC	15	8	2019/03/11	M	00:04:31.40
11	Heino Slabbert	Laerskool Park	19	8	2018/08/03	M	00:04:43.53
12	Ziaan Kirsten	Laerskool Hartenbos	20	8	2018/03/20	M	00:04:53.80
13	Larnu Nolte	Ls Hartenbos	22	8	2018/12/14	M	00:04:56.23
14	Wihan Swanepoel	Laerskool Hartenbos	24	8	2019/01/01	M	00:05:13.15
15	Jevandro Steenberg	Mossel Bay Harriera	28	8	2018/07/23	M	00:05:34.94
16	Barend Scholtz	Laerskool Park	29	8	2018/03/27	M	00:05:36.85
17	Frikkie Killian	Laerskool Hartenbos	31	8	2019/05/28	M	00:06:10.50
18	Rubin November	Mossel Bay Harriera	32	8	2018/08/21	M	00:06:11.55
Girls 9 yrs (2017) QT 00:08:29							
1	Liandi van Zyl	Laerskool Park	29	9	2017/10/04	F	00:08:55.28
2	Liah Wiese	Boxer AC	38	9	2017/03/12	F	00:09:10.30
3	Siphesihle Goeda	Hornlee Primary	42	9	2017/02/08	F	00:09:20.61
4	Andrea Pieterse	Coastline AC	44	9	2017/03/14	F	00:09:25.10
5	Imange Jenase	Hornlee Primary	46	9	2017/04/28	F	00:09:29.79
6	Luzaandra Botha	Hornlee Primary	51	9	2017/04/04	F	00:09:48.40
7	Jordane Ponot	Coastline AC	52	9	2017/05/03	F	00:09:53.07
8	RONISHA JANSEN	BORCHARDS EAGLES	54	9	2017/08/30	F	00:10:03.15
9	Milané Belstead	Laerskool Park	66	9	2017/12/26	F	00:10:59.33
10	Zubaidah Corver	Laerskool Park	69	9	2017/07/20	F	00:11:27.18
11	Lisa Prinsloo	Laerskool Park	70	9	2017/08/02	F	00:11:29.02
12	Jaydene Barnard	Sunridge Primary	72	9	2017/04/17	F	00:11:38.91
Boys 9 yrs (2017) QT 00:07:58							
1	SERGIO VAN ROOYEN	BORCHARDS EAGLES	4	9	2017/01/02	M	00:07:43.71
2	Wyatt Daniels	Laerskool Bertie Barnard	7	9	2017/04/29	M	00:07:51.92
3	Adam Van Der Westhuizen	Plett Primary	12	9	2017/05/05	M	00:08:07.82
4	Tylor De Bruin	Borchards Eagles (Heidedal)	15	9	2017/06/10	M	00:08:21.91
5	JEONNEMO VAN WYK	BORCHARDS EAGLES	17	9	2017/07/14	M	00:08:25.25
6	LEOGHIN RIDDLES	COASTLINE/VOORWAARTS	19	9	2017/02/03	M	00:08:27.13

7	Christopher Benson	Sunridge Primary	22	9	2017/04/25	M	00:08:38.10
8	JACQUIN GELDERBLOM	GROOT-BRAKRIVIER PRIMARY	26	9	2017/04/12	M	00:08:47.15
9	KARERL BURGER	CURRO MOSSEL BAY	27	9	2017/07/24	M	00:08:48.91
10	Jeanwill Lawa	Borchards Eagles (Heidedal)	30	9	2018/07/25	M	00:08:58.77
11	Jaycquin Kennedy	St. Luke's (E.K.) Primêr	31	9	2017/06/14	M	00:08:59.56
12	Christiaan Lamprecht	Laerskool George-Suid	32	9	2017/01/08	M	00:09:01.09
13	Andre Steyn	Laerskool George-Suid	35	9	2017/10/02	M	00:09:02.73
14	Kyle Alexander	Sunridge Primary	36	9	2017/06/25	M	00:09:07.79
15	Luan Smith	Hartenbos drawwers	45	9	2017/03/26	M	00:09:26.26
16	Thato Mashigo	PAC	47	9	2017/08/31	M	00:09:31.29
17	Luniko Thundezewa	Erika Primary School	59	9	2017/02/22	M	00:10:39.19
18	Wayde Williams	Hornlee Primary	68	9	2017/01/10	M	00:11:18.88
Girls 10 yrs (2016) QT 00:08:14							
1	Misha Meyer	Laerskool George-Suid	8	10	2016/01/19	F	00:07:52.52
2	Mari Lourens	WESBANK	14	10	2016/07/04	F	00:08:18.45
3	SUENAY KLAASEN	GROOT-BRAKRIVIER PRIMARY	23	10	2016/03/25	F	00:08:39.66
4	Lenelle Lotz	Laerskool Park	24	10	2016/02/16	F	00:08:43.06
5	LIBBY SWANEPOEL	WESBANK	28	10	2016/04/04	F	00:08:50.37
6	Elné Wessels	Laerskool George-Suid	33	10	2016/10/03	F	00:09:01.62
7	ELMO-DENE ARMOED	BORCHARDS EAGLES	34	10	2016/05/06	F	00:09:02.15
8	Brooklyn Veldkornet	Fraaisig Primary School	37	10	2016/07/31	F	00:09:08.22
9	Micah Bezuidenhoud	Nedbank Rc	43	10	2016/08/03	F	00:09:21.19
10	Tessa- Leigh Geduld	St. Luke's (E.K.) Primêr	49	10	2016/09/08	F	00:09:36.56
11	Bennicia Damons	St. Luke's (E.K.) Primêr	50	10	2016/11/20	F	00:09:46.39
12	Olivia Lamprecht	Laerskool George-Suid	53	10	2016/08/12	F	00:10:02.48
13	Azariah Levendal	Mossel Bay Harriers	55	10	2016/08/30	F	00:10:14.71
14	Jeremey Meyer	Panorama Prim	57	10	2016/12/14	F	00:10:19.85
15	Rameez London	Mossel Bay Harriers	58	10	2016/09/30	F	00:10:28.25
16	Angelique Van Rensburg	Erika Primary School	60	10	2016/05/25	F	00:10:39.91
17	Trinity Shaba	Fraaisig Primary School	61	10	2016/02/17	F	00:10:40.77
18	Delnisha Titus	Fraaisig Primary School	62	10	2016/04/08	F	00:10:43.56

19	Faithlyn Levendal	Mossel Bay Harriers	67	10	2016/10/25	F	00:11:03.84
20	Nicole Janklaas	Hornlee Primary	73	10	2016/05/28	F	00:12:23.54
21	Elzandre Stroebe	Hornlee Primary	74	10	2016/03/30	F	00:12:26.56
22	Jabulile Molefe	Erika Primary School	76	10	2016/08/31	F	00:12:33.07
23	Leané Rheeder	Laerskool Park	79	10	2016/12/19	F	00:13:35.26
Boys 10 yrs (2016) QT 00:07:39							
1	KAYDEN VAN ROOYEN	BORCHARDS EAGLES	1	10	2016/02/02	M	00:07:32.00
2	LIAM KIEWIET	GROOT-BRAKRIVIER PRIMARY	2	10	2016/10/20	M	00:07:37.87
3	Reuben Jacobs	Borchards Eagles (Heidedal)	3	10	2016/02/03	M	00:07:40.90
4	JAYDEN LOURENS	BORCHARDS EAGLES	5	10	2016/01/04	M	00:07:46.00
5	KYLE VAN ROOYEN	BORCHARDS EAGLES	6	10	2016/02/02	M	00:07:47.69
6	Laurenzo Heyns	Fraaisig Primary School	9	10	2016/03/17	M	00:08:03.57
7	SHUMEAL SAAIMAN	BORCHARDS EAGLES	10	10	2016/08/27	M	00:08:06.80
8	Hayden Jones	St. Luke's (E.K.) Primêr	11	10	2016/11/17	M	00:08:07.26
9	DANTE WILDEMAN	BORCHARDS EAGLES	13	10	2016/01/08	M	00:08:12.90
10	Sherwin Esau	Borchards Eagles (Heidedal)	16	10	2016/09/17	M	00:08:24.20
11	OCKERT GRIEBENOW	WESBANK	18	10	2016/11/14	M	00:08:26.49
12	Alroy Prins	Phakamisani Primary School	20	10	2016/01/01	M	00:08:34.82
13	Stefan Harker	Sedgefield Primer	21	10	2016/09/22	M	00:08:35.28
14	Oyintando Peter	Fraaisig Primary School	25	10	2016/05/06	M	00:08:44.92
15	Siyabulela Dampies	Sedgefield Primer	39	10	2016/12/13	M	00:09:17.23
16	Caywin Amstrong	St. Luke's (E.K.) Primêr	40	10	2016/09/04	M	00:09:18.82
17	Ben Uys	Hartenbos drawwers	41	10	2016/12/20	M	00:09:19.81
18	Jadain Taylor	Mossel Bay Harriera	48	10	2016/01/25	M	00:09:34.51
19	Reghardt De Bruyn	Boxer AC	56	10	2016/01/25	M	00:10:19.47
20	Mack-Shane Hans	Laerskool Hartenbos	63	10	2016/12/08	M	00:10:49.93
21	Willene Lottering	Hornlee Primary	64	10	2016/01/06	M	00:10:52.04
22	DJ Soloman	Laerskool Hartenbos	65	10	2016/02/09	M	00:10:52.87
23	KELLEN CUPIDO	GROOT-BRAKRIVIER PRIMARY	71	10	2016/06/04	M	00:11:36.69
24	Chris Hawksley	Laerskool Hartenbos	75	10	2016/12/19	M	00:12:28.45
25	Logan Meyer	Laerskool Park	77	10	2016/08/22	M	00:12:33.77

26	Hakyame Josephs	Mossel Bay Harriers	78	10	2016/08/11	M	00:13:32.83
Girls 11 yrs (2015) QT 00:12:24							
1	Talitha Wiese	Boxer AC	11	11	2015/03/30	F	00:11:22.68
2	SUSALINE CAMPHER	BORCHARDS EAGLES	21	11	2015/01/18	F	00:11:59.78
3	Cassidy James	Coastline AC	38	11	2015/08/07	F	00:12:42.16
4	Angeline Swart	Coastline AC	42	11	2015/10/04	F	00:12:51.61
5	MIA BURGER	CURRO MOSSEL BAY	49	11	28/5/2015	F	00:13:22.28
6	Ava Van Rooyen	Hornlee Primary	52	11	2015/08/07	F	00:13:38.20
7	Danolene Hendricks	Sunridge Primary	71	11	2015/03/15	F	00:14:24.68
8	Cruz Carnie	PAC	75	11	2015/05/19	F	00:14:39.03
9	Amorey Kleinbooi	Hornlee Primary	77	11	2015/05/19	F	00:14:48.69
10	Storm Grootboom	Sunridge Primary	83	11	2015/04/14	F	00:15:01.13
11	Claire Ambraal	Fraaisig Primary School	87	11	2015/07/31	F	00:15:15.17
12	Sesethu Mbara	Sedgefield Primer	89	11	2015/01/25	F	00:15:16.90
13	MICHA WHITES	GROOT-BRAKRIVIER PRIMARY	90	11	2015/12/12	F	00:15:19.82
14	Cassie Jason	Gamka Oos Primêr	98	11	2015/11/13	F	00:16:20.10
15	Tiffany Kiewiets	Gamka Oos Primêr	101	11	2015/03/19	F	00:16:27.88
16	Natalie Melambo	Sunridge Primary	103	11	2015/11/23	F	00:17:03.94
17	Timtachia Sebyboe	St. Luke's (E.K.) Primêr	105	11	2015/12/19	F	00:17:25.01
18	Sky Stofberg	Sunridge Primary	108	11	2015/03/16	F	00:17:56.56
Boys 11 yrs (2015) QT 00:11:27							
1	USAIN JANSEN	BORCHARDS EAGLES	2	11	2015/09/26	M	00:10:20.10
2	Rhys Goosen	Boxer AC	6	11	2015/05/06	M	00:11:10.50
3	Matteo Stipec	Glenwood House School	10	11	2015/02/16	M	00:11:19.16
4	Hudson Ponot	Coastline AC	13	11	2015/03/12	M	00:11:26.37
5	Keanu Alkaster	Sunridge Primary	17	11	2015/01/01	M	00:11:51.01
6	Eben Jordaan	Cape Multi Sport Eden	25	11	2015/08/04	M	00:12:07.54
7	Keano Peterson	Laerskool Hartenbos	27	11	2015/06/17	M	00:12:11.98
8	Ashliano Milela	Borchards Eagles (Heidedal)	30	11	2015/07/13	M	00:12:15.13
9	Leighton Pieterse	Laerskool Bertie Barnard	31	11	2015/11/09	M	00:12:21.20
10	Bernard Lamprecht	Laerskool George-Suid	33	11	2015/04/14	M	00:12:31.19

11	JOLIN JOOSTE	COASTLINE/VOORWAARTS	43	11	2015/05/29	M	00:12:54.42
12	Tyreeq Jacobs	Gamka Oos Primêr	46	11	2015/09/28	M	00:13:14.27
13	Quiwin Koordom	Laerskool Hartenbos	54	11	2015/10/31	M	00:13:44.97
14	Enzil Wildeman	Fraaisig Primary School	58	11	2015/03/11	M	00:13:55.00
15	Hailey Solomons	Sedgefield Primer	63	11	18/1/2015	M	00:14:14.33
16	Miguel Snyman	St. Luke's (E.K.) Primêr	64	11	2015/08/03	M	00:14:14.81
17	Eldino Pietersen	Sedgefield Primer	66	11	10/8/2015	M	00:14:15.95
18	Saygen Gelderblom	Laerskool Hartenbos	68	11	2015/08/04	M	00:14:20.17
19	Nkosinathi Seshoba	Laerskool Hartenbos	69	11	2015/08/11	M	00:14:21.45
20	Kuhle Qhala	Erika Primary School	81	11	2015/10/27	M	00:14:54.47
21	Christiano Jantjies	Sedgefield Primer	82	11	2015/04/04	M	00:14:57.84
22	JD Swanepoel	Laerskool Hartenbos	104	11	2015/06/07	M	00:17:21.55
23	Trewin Taylor	Mossel Bay Harriers	117	11	2015/12/21	M	00:22:01.40
Girls 12 yrs (2014) QT 00:12:06							
1	Helena Lourens	WESBANK	14	12	2014/07/26	F	00:11:28.85
2	CHUMA BEUZANA	BORCHARDS EAGLES	20	12	2014/05/11	F	00:11:59.27
3	KENNILENE BOOYSEN	BORCHARDS EAGLES	23	12	2014/02/19	F	00:12:04.48
4	Kristin Van Heerden	Hartenbos drawwers	24	12	2014/04/24	F	00:12:05.42
5	Jenique Claasen	Coastline AC	28	12	2014/12/17	F	00:12:13.21
6	Mila Lategan	Hartenbos drawwers	29	12	2014/01/31	F	00:12:14.59
7	Lienke Anker	Boxer AC	32	12	2014/01/03	F	00:12:23.14
8	Lizhante Van Beulen	St. Luke's (E.K.) Primêr	35	12	2014/04/25	F	00:12:32.96
9	Everenchia Goliath	Brackenhill PS	36	12	10/2/2014	F	00:12:38.00
10	SHIERA PIETERSEN	BORCHARDS EAGLES	44	12	27/6/2014	F	00:12:56.12
11	CASSIDY WINDVOGEL	GROOT-BRAKRIVIER PRIMARY	47	12	2014/06/01	F	00:13:16.73
12	Sisipho Bali	Phakamisani Primary School	50	12	2014/06/13	F	00:13:36.04
13	Arainea Eksteen	Oker Primer	51	12	2014/12/22	F	00:13:37.29
14	Ronelia Boer	Sunridge Primary	56	12	2014/11/25	F	00:13:47.77
15	Marcelino Galant	Sedgefield Primer	60	12	5/12/2014	F	00:14:01.16
16	Johne-Dean Micheals	Oker Primer	61	12	2014/02/12	F	00:14:04.35
17	ZOE BURGER	CURRO MOSSEL BAY	78	12	2014/03/28	F	00:14:49.54

18	Zandile Ncube	Phakamisani Primary School	79	12	2014/11/03	F	00:14:50.25
19	Lillian le Roux	Laerskool Park	80	12	2014/05/05	F	00:14:53.02
20	Dinicia Hansen	Sunridge Primary	84	12	2014/03/22	F	00:15:02.09
21	Luca Luiters	Brackenhill PS	86	12	2014/05/26	F	00:15:09.09
22	Lurentia Plaatjies	Oker Primer	91	12	2014/03/14	F	00:15:23.42
23	Riley van Eck	Laerskool Park	92	12	2014/10/03	F	00:15:24.55
24	Aaliyah Du Plessis	Oker Primer	99	12	2014/09/25	F	00:16:23.60
25	Eudine Ruiters	Concordia Primary	106	12	2014/04/09	F	00:17:29.53
26	Eljonay Jacobs	Oker Primer	110	12	2014/03/14	F	00:19:17.93
27	Ruchana Nomdo	Oker Primer	111	12	2014/08/06	F	00:19:24.31
Boy 12 yrs (2014) QT 00:11:12							
1	EUGENE SAAYMAN	COASTLINE/VOORWAARTS	1	12	2014/07/12	M	00:10:18.54
2	Daniel Van Wyngaard	Laerskool George Suid	3	12	2014/01/16	M	00:10:49.64
3	Jayden Tromp	Coastline AC / Voorwaarts	4	12	2014/04/14	M	00:10:57.52
4	JOHN-LEE SEPTEMBER	BORCHARDS EAGLES	5	12	2014/09/04	M	00:11:02.14
5	MACHIANO BARNARD	COASTLINE/VOORWAARTS	7	12	2014/05/13	M	00:11:16.95
6	Andrewhan Nel	St. Luke's (E.K.) Primêr	8	12	2014/07/24	M	00:11:17.86
7	JC le Clus	Laerskool Park	9	12	2014/09/16	M	00:11:18.46
8	Louigeano Charles	Borchards Eagles (Heidedal)	12	12	2014/08/24	M	00:11:25.62
9	Nasri Meyer	Diaz Primary	16	12	2014/01/31	M	00:11:48.19
10	HENSLIE-HANO OLIESLAGER	GROOT-BRAKRIVIER PRIMARY	19	12	2014/01/08	M	00:11:58.80
11	Jeneecquin Laban	St. Luke's (E.K.) Primêr	22	12	2014/12/19	M	00:12:01.54
12	CHRISTIANO PRINCE	FRIEMERSHEIM PRIMARY	34	12	2014/02/26	M	00:12:32.53
13	Merlin Micheals	Oker Primer	39	12	2014/03/05	M	00:12:47.25
14	Takunda Chambwe	Fraaisig Primary School	40	12	2014/05/04	M	00:12:48.21
15	Alviro Baardman	Gamka Oos Primêr	45	12	2014/02/13	M	00:13:03.72
16	Deolin Baker	Mossel Bay Harriera	48	12	25/3/2014	M	00:13:17.99
17	Liam De Beer	Laerskool Hartenbos	53	12	2014/04/23	M	00:13:38.83
18	Graig Maconie	Sedgefield Primer	55	12	2014/04/28	M	00:13:45.82
19	Helgardt De Bruyn	Boxer AC	57	12	2014/03/24	M	00:13:51.27
20	Mukona Makhele	KMC	59	12	2014/02/27	M	00:13:59.25

[illegible]

1	CALEB MATTHEWS	COASTLINE/VOORWAARTS	1	13	2013/01/08	M	00:14:02.77
2	Danielo Blouw	Hornlee Primary	2	13	2013/04/21	M	00:14:29.32
3	CLAYTON FRANCES	COASTLINE/VOORWAARTS	3	13	2013/09/13	M	00:14:29.92
4	ANTHEO CLAASSEN	GROOT-BRAKRIVIER PRIMARY	4	13	2013/01/19	M	00:14:32.76
5	DREYWHIN COERIES	BORCHARDS EAGLES	8	13	2013/12/21	M	00:14:55.53
6	Gabriel Oktober	Cape Multisport Eden	9	13	2013/12/14	M	00:15:37.74
7	Bismark Markotter	Boxer AC	12	13	2013/07/13	M	00:16:07.50
8	Kyle Leen	Hornlee Primary	13	13	2013/03/04	M	00:16:15.35
9	Khanyisa Jodwana	Phakamisani Primary School	14	13	2013/01/25	M	00:16:17.50
10	DAVID TOORN	COASTLINE/VOORWAARTS	15	13	2013/10/09	M	00:16:28.64
11	Devon Jackson	Bergsig PS	16	13	2013/04/11	M	00:16:32.78
12	Jan-Louis de Jager	Van Reede	17	13	2013/06/18	M	00:19:44.22
13	Elmo Baardman	Gamka Oos Primêr	19	13	2013/02/15	M	00:16:39.73
14	Elrick Saulse	Concordia Primary	21	13	2013/09/16	M	00:16:57.78
15	Thabo Mohlala	Concordia Primary	22	13	2013/07/10	M	00:16:58.67
16	SULAIMAN OLIVIER	GROOT-BRAKRIVIER PRIMARY	25	13	2013/11/04	M	00:17:11.25
17	Lucraine Jacobs	Diaz Primary	26	13	2013/12/26	M	00:17:15.02
18	Giovanni Paulse	Hornlee Primary	28	13	2013/01/09	M	00:17:24.30
19	Ayazingca Jaxa	Erika Primary School	29	13	2013/11/19	M	00:17:24.72
20	Baxolise Sikonya	KMC	31	13	2013/12/02	M	00:17:33.93
21	Bokamuso Mashigo	PAC	32	13	2013/09/05	M	00:17:36.13
22	Joshua Bezuidenhout	Nedbank RC	33	13	2013/08/28	M	00:17:38.60
23	Elrich Beel	PAC	34	13	2013/04/21	M	00:17:39.17
24	Luwthano Stroebe	Sunridge Primary	36	13	2013/04/23	M	00:17:45.24
25	Michado Erasmus	Concordia Primary	37	13	2013/05/15	M	00:17:47.22
26	Chesron Robertson	Concordia Primary	40	13	2013/09/01	M	00:18:10.57
27	Rajesh Du Toit	Sedgefield Primer	42	13	2013/02/03	M	00:18:17.34
28	Bradwill Booysen	Bergsig PS	44	13	2013/08/13	M	00:18:48.83
29	Fernell Jordaan	Diaz Primary	45	13	2013/05/29	M	00:18:49.99
30	Makhosi Msebele	Phakamisani Primary School	46	13	2013/05/01	M	00:18:50.66
31	THUKWAN WINDVOGEL	GROOT-BRAKRIVIER PRIMARY	47	13	2013/10/27	M	00:18:53.43

32	Bathini Grootboom	Fraaisig Primary School	48	13	2013/01/09	M	00:18:54.44
33	Okuhle Laatjie	KMC	51	13	2013/01/27	M	00:19:17.50
34	Alime Luphuwane	Phakamisani Primary School	54	13	2013/10/31	M	00:19:34.63
35	Divan Pretorius	Laerskool Park	58	13	2013/01/15	M	00:20:12.16
36	Franklin Saptou	Concordia Primary	61	13	2013/05/18	M	00:21:19.04
37	Matthew Jantjies	Concordia Primary	64	13	2013/12/30	M	00:22:20.05
38	Stephen Els	Laerskool George-Suid	68	13	2013/10/25	M	00:25:59.05
39	Ruwaldo Olckers	Diaz Primary	69	13	2013/01/29	M	00:27:38.72
40	Bracklin Jansen	Diaz Primary	70	13	2013/12/29	M	00:27:42.41
Girls 14 yrs (2012) QT 00:16:15							
1	Elreazia Van Der Westhuizen	Hornlee Primary	18	14	2012/01/28	F	00:16:37.17
2	LAURIKA-LEE Jacobs	Gerrit Du Plessis Sec	41	14	2012/02/23	F	00:18:11.52
3	SHANEEQUE WHITES	Pacaltsdorp Hoerskool	43	14	2012/06/13	F	00:18:42.70
4	Raven Davids	PAC	49	14	2012/05/07	F	00:18:57.55
5	Eldeen Beel	0	50	14	2012/12/23	F	00:19:16.89
6	MARSHE Baadjies	Gerrit Du Plessis Sec	55	14	2012/11/13	F	00:19:42.33
7	IMKE SWANEPOEL	Cape Multisport Eden	59	14	2012/12/04	F	00:20:43.54
8	Moniqua Williams	Concordia Primary	62	14	2012/07/25	F	00:21:34.38
9	Ashleen Rossouw	PAC	65	14	2012/11/10	F	00:23:12.15
Boys 14 yrs (2012) QT 00:14:25							
1	Emanul Jacobs	BORCHARDS EAGLES	5	14	2012/01/02	M,	00:14:37.88
2	CHRISTIANO Michaels	Gerrit Du Plessis Sec	6	14	2012/06/18	M,	00:14:43.14
3	HENWILL GROOTBOOM	BORCHARDS EAGLES	7	14	2012/09/12	M,	00:14:46.42
4	JAYDRIAN JANSEN	GROOT-BRAKRIVIER PRIMARY	10	14	2012/03/13	M,	00:15:41.80
5	Reitumetse Ncephe	Phakamisani Primary School	11	14	2012/05/21	M,	00:16:06.29
6	Ernest Mackenzie	Van Reede	23	14	2012/09/05	M,	00:17:04.65
7	Aphiwe Bolo	Phakamisani Primary School	27	14	2012/08/13	M,	00:17:17.12
8	Kenzo Solomons	Hornlee Primary	30	14	2012/10/04	M,	00:17:26.08
9	Zukhanye Nqgawana	Erika Primary School	35	14	2012/04/20	M,	00:17:39.87
10	Indiphile Sopali	Phakamisani Primary School	38	14	2012/10/10	M,	00:17:47.86
11	Chadley Kammies	Diaz Primary	52	14	2012/06/13	M,	00:19:18.13

12	Marthines Mondo	Oker Primer	53	14	2012/03/20	M,	00:19:31.73
Girls 15 yrs (2011) QT 00:16:10							
1	SARAH SAAYMAN	LANGENHOVEN GIM	12	15	2011/07/05	F	00:16:35.38
2	ELISTENE ADAMS	Pacaltsdorp Hoerskool	16	15	2011/12/18	F	00:17:42.28
3	FRANCES Cameron	Gerrit Du Plessis Sec	19	15	2011/04/17	F	00:18:33.56
4	CHINIQUA JAFTA	Pacaltsdorp Hoerskool	22	15	2011/02/08	F	00:19:51.34
5	Clin-Mesha Sputa	PAC	24	15	2011/08/30	F	00:24:29.60
6	Cherel Scheepers	PAC	25	15	2011/07/04	F	00:24:31.47
Boys 15 yrs (2011) QT 00:13:57							
1	Jason Page	BORCHARDS EAGLES	1	15	2011/07/02	M	00:13:34.24
2	Lucioano Mongo	BORCHARDS EAGLES	2	15	2011/05/12	M	00:13:37.32
3	Jaydin Damons	Hornlee Primary	3	15	2011/08/06	M	00:13:57.98
4	TRISTAN MEYER	CURRO MOSSEL BAY	4	15	2011/01/24	M	00:14:17.06
5	IVAN PIETERSEN	Pacaltsdorp Hoerskool	5	15	2011/12/05	M	00:14:24.85
6	HEINWILL Paulsen	Gerrit Du Plessis Sec	6	15	2011/09/11	M	00:14:50.39
7	WESHLEY Sebyboe	Gerrit Du Plessis Sec	7	15	2011/03/21	M	00:15:13.30
8	Hanlo Barkhuizen	Boxer AC	8	15	2011/01/18	M	00:15:19.04
9	Guillaume Liebenberg	Boxer AC	9	15	2011/05/11	M	00:15:46.94
10	JOHN-LOUIS KOTZE	BOXER	10	15	2011/02/06	M	00:15:47.32
11	Luthando Ngqavu	Concordia Primary	11	15	2011/04/15	M	00:16:26.71
12	Ozisweyinko Mpofu	Phakamisani Primary School	13	15	2011/06/06	M	00:17:16.42
13	Christiano Manho	Oker Primer	14	15	2011/06/23	M	00:17:17.87
14	Likhonathi Zandile	Erika Primary School	15	15	2013/12/23	M	00:17:40.55
15	BRIAN VIJOEN	Outeniqua Harriers	17	15	2012/12/23	M	00:18:06.75
16	Joshwin Bruiners	Diaz Primary	18	15	2011/12/15	M	00:18:15.92
17	FRANKLYNE HARMSE	0	20	15	2011/03/17	M	00:19:08.73
18	Chumile Mawela	Phakamisani Primary School	21	15	2011/12/04	M	00:19:25.59
19	Dillan Terblanche	Fraaisig Primary School	23	15	2011/03/11	M	00:20:51.15
20	Davian Boois	Van Reede	26	15	2011/01/21	M	00:29:20.21
Girls 16 yrs (2010) QT 00:17:27							
1	Hesroline Rossouw	PAC	1	16	2010/09/01	F	00:15:56.14

2	Dune Haasbroek	Nedbank Rc	3	16	2010/07/01	F	00:18:22.18
3	Amoray Van Rooyen	George High / Rainbow	4	16	2010/06/11	F	00:18:29.87
Boys 16 yrs (2010) QT00:21:48							
1	ALEXANDER VD WESTHUIZEN	LANGENHOVEN GIM	10	16	2010/03/10	M	00:21:07.15
2	Burtiano Smal	Olympia SOS	12	16	2010/12/08	M	00:21:36.18
3	Jayden Jansen	Rainbow AC	13	16	2010/04/19	M	00:21:36.90
4	Dino Korkey	Oker Primer	14	16	2010/06/14	M	00:22:50.25
5	TIMOTHY Sebyboe	Gerrit Du Plessis Sec	15	16	2010/06/17	M	00:22:57.61
6	Likhona Luthango	KMC	16	16	2010/05/21	M	00:23:35.73
7	Joshua Van Heerden	George High / Rainbow	17	16	2010/04/05	M	00:24:04.61
8	Nathan Jantjies	Sunridge Primary	18	16	2010/11/02	M	00:24:15.26
9	PETRUS GELDENHUYS	LANGENHOVEN GIM	20	16	2010/08/19	M	00:25:52.25
10	Panashe Mackenzie	Van Reede	21	16	2010/10/22	M	00:27:26.18
11	Reagan Koert	Hornlee Primary	22	16	2010/05/23	M	00:27:27.55
12	Ezra Barbier	Van Reede	23	16	2010/05/06	M	00:27:56.98
13	Nazeem Christiaans	PAC	25	16	2010/05/13	M	00:28:46.66
14	Henru Erasmus	LANGENHOVEN GIM	26	16	2010/07/12	M	00:30:47.89
15	Francisco Julius	Sunridge Primary	27	16	2010/10/25	M	00:35:11.78
Girls 17 yrs (2009) QT 00:17:28							
1	AMY WHITHAM	LANGENHOVEN GIM	5	17	2009/03/30	F	00:18:33.59
2	Annabelle McEwan	Boxer AC	6	17	2009/02/05	F	00:19:09.75
3	BRUDENE STOFFESL	Pacaltsdorp Hoerskool	8	17	2009/07/29	F	00:20:27.25
Boys 17 yrs (2009) QT 00:21:45							
1	Khayiniso Pietersen	Olympia SOS	9	17	2009/05/06	M	00:20:53.53
2	Wilfred Hilani	Olympia SOS	11	17	2009/10/05	M	00:21:30.09
3	TOMMIE OLIVIER	LANGENHOVEN GIM	19	17	2009/11/15	M	00:25:34.82
4	Sihle Damoyi	KMC	24	17	2009/12/22	M	00:28:32.80
5	Ayazingca Jaxa	Erika Primary School	7	17	2013/11/19	M	00:20:18.69
6				17		M	
JW(2008+2007) QT 00:27:23							
1	ANE BESTER	LANGENHOVEN GIM	8	JW	2008/09/01	F	00:24:56.37

2	Bailee Nell	Glenwood House	9	JW	2008/08/21	F	00:25:34.13
3	JANI FOURIE	BOXER	14		2008/08/11		00:28:07.67
JM (2008+2007) QT 00:28:31							
1	WILLMARK Daniels	Gerrit Du Plessis Sec	10	JM	2008/06/30	M	00:25:57.53
2	TLHOMELANG Thatayaone	Gerrit Du Plessis Sec	11	JM	2007/07/18	M	00:26:46.44
3	Dian Barkhuizen	Boxer AC	12	JM	2008/06/29	M	00:26:54.14
4	Cuan Wildeman	NEDBANK RC	13	JM	2008/02/03	M	00:27:17.48
5	Diego Scheepers	PAC	15	JM	2008/10/23	M	00:28:45.23
6	Vaughann Grobbelaar	George High /Rainbow	16	JM	2007/01/25	M	00:30:51.00
7	VERNITO Adams	Gerrit Du Plessis Sec	17	JM	2008/07/18	M	00:30:51.49
8	Zenzo Monana	Coastline AC	23	JM	2008/11/14	M	00:51:43.12
Senior Women 20 - 34yrs (2006 & 1992) 4km QT 00:17:09							
1	Jandri Snyders	Hartenbos drawwers	5	20-34	2004/03/02	F	00:14:57.81
2	Heronique James	BAC	7	20-34	1998/05/28	F	00:21:33.00
Senior (Open) Women 20 -34 (2006- 1992) 8km							
Senior Men 20 - 34yrs (2006 & 1992) 4km QT 00:13:22							
1	Mario Van Schalkwyk	Coastline AC	1	20-34	2000/02/10	M	00:12:59.37
2	Luciano Stuurman	Coastline AC	2	20-34	2004/07/08	M	00:13:31.43
3	Maxi Lee Pedro	Coastline AC	3	20-34	2001/06/02	M	00:13:59.77
4	Velandre Muller	BAC	4	20-34	2006/04/18	M	00:14:24.24
5	Franwill Frazenburg	Rainbow AC	6	20-34	2005/03/23	M	00:15:45.35
Senior (Open) Men 20 -34 (2006- 1992) 10km QT 00:35:39							
1	Durando Aweries	Nedbank Rc	18	20-34	2003/07/30	M	00:36:00.48
2	Awonke Komani	KMC	19	20-34	1998/03/17	M	00:37:30.24
3	Leon Adams	Coastline AC	20	20-34	1994/02/01		00:37:53.95
4	Timotheus Markgraaff	Nedbank Rc	21	20-34	2002/01/08		00:40:31.08
Women 35 -49 (1991 - 1977) QT 00:19:34(35-39) /00:19:41(40-44)/ 00:20:25(45-49)							
1	CINDY VILJOEN	NEDBANK RC	1	35-49	1986/12/03	F	00:17:02.80
2	Charlene Botes	Nedbank RC	2	35-49	1980/03/12	F	00:17:22.70
3	Ronel Ponot	Coastline AC	3	35-49	1981/09/11	F	00:19:32.11

4	Jeanine Snyders	Hartenbos drawwers	5	35-49	1978/01/09	F	00:21:46.95
Men 35 -49 (1991 - 1977)QT 00:32:37(35-39)/ 00:32:08(40-44)/ 00:37:22(45-49)							
1	Gerswin Jones	Coastline AC	7	35-49	1987/01/05	M	00:28:51.94
2	Abraham Oktober	32GI	14	35-49	1983/04/15	M	00:32:02.26
3	Christiaan Lindoor	Rainbow AC	17	35-49	1978/02/16	M	00:34:40.18
4	Jan Meyer	Cape Multisport Eden	18	35-49	1982/11/19	M	00:35:28.42
5	Josef Van Wyngaard	Nedbank Rc	20	35-49	1986/11/16	M	00:40:02.86
Women 50 - (1976 -1967) QT 00:22:02(50-54)/00:24:24(55-59)							
1	Elmien Nel	Nedbank RC	4	50-59	1971/03/17	F	00:20:06.08
2	Zoe Gutters	KMC	11	50-59	1968/02/03	F	00:30:51.68
3	Avril Davids	Nedbank RC	13	50-59	1973/04/05	F	00:31:39.56
4	Alida Jacobs	BORCHARDS EAGLES	15	50-59	1972/12/10	F	00:32:56.19
Women 60 + yrs (1966- 1957) QT 00:32:15 (60-64)/00:34:19 (65-69)							
1							
Men 50 - (1976- 1967) QT 00:37:37(50-54)/ 00:38:02(55-59)							
1	Andrew McEwan	Outeniqua Harriers	16	50-59	1974/02/13		00:34:39.01
2	Johannes Jordaan	Cape Multisport Eden	21	50-59	1976/07/09		00:40:54.29
3	Alfred Nise	KMC	22	50-59	1968/05/05		00:41:57.10
Men 60 + yrs (1966 -1957) QT 00:30:29(60-64)/00:46:40 (65-69)							
1	Samuel Windvogel	Outeniqua Harriers	8	60-69	1963/04/05	M	00:29:05.17
2	Joseph Potgieter	Nedbank RC	9	60-69	1961/01/12	M	00:29:16.61
	Jan Van Zyl	Cape Multisport Eden	10	60-69	1964/07/07	M	00:29:35.84
Women 70 + yrs (1956 -1947) QT 00:39:08 (70-74)/ 00:35:30 (75-79)							
1							
Men 70 + yrs (1956 -1947) QT 00:40:09 (70-74)/00:34:16 (75-79)							
1	Hannes van Wyk	Outeniqua Harriers	12	70-79	1955/02/20	M	00:31:03.93
2	Dion Van Vuuren	Hartenbos drawwers	19	70-79	1955/05/15		00:36:07.97
Women 80 + yrs (1946 -) QT 00:40:00							
Men 80 + yrs (1946-) QT 00:39:33							
1	Les Stuart	Hartenbos drawwers	6	80+	1942/06/28	M	00:28:16.55

