



ASWD
CROSS COUNTRY - LEAGUE 6
RIVERVALLE SPORT GROUNDS RIVERSDALE



2026/07/25

	ATHLETE	CLUB/ SCHOOL	Race POS	AGE	DOB	M/F	TIME
Girls 8 yrs (2018) QT 00:04:26							
1	HOPE SWARTS	BORCHARDS EAGLES	4	8	2018/05/09	F	00:03:51.07
2	JIVANTE LINKS	BORCHARDS EAGLES	5	8	2018/03/23	F	00:03:52.06
3	Kaitlin Saayman	Coastline	6	8	2019/06/18	F	00:03:59.46
4	SHADONE SCHEEPERS	BORCHARDS EAGLES	8	8	2018/03/06	F	00:04:00.06
5	KIRA SWANEPOEL	WESBANK	10	8	2018/11/20	F	00:04:07.68
6	SAMIRR HAYLE	BORCHARDS EAGLES	15	8	2018/06/26	F	00:04:32.32
7	Rasashley Dyson	Sunridge Primary	16	8	2018/05/31	F	00:04:34.48
8	Anothando Tuku	Hornlee Primary	17	8	2018/02/11	F	00:04:52.59
9	Lilly Jegels	Fraaisig Primary School	18	8	2018/02/09	F	00:05:05.21
Boys 8 yrs (2018) QT 00:04:02							
1	TYLER HENDRICKS	COASTLINE/VOORWAARTS	1	8	2018/02/02	M	00:03:39.58
2	Reinhardt van Heerden	Hartenbos drawwers	2	8	2018/01/19	M	00:03:50.11
3	Keaton Baartman	Kannaland (Excelsior)	3	8	2018/01/01	M	00:03:50.70
4	Jona Van Der Westhuizen	Plett Primary	7	8	2019/09/15	M	00:03:59.75
5	Tyler Petersen	Fraaisig Primary School	9	8	2018/09/20	M	00:04:01.15
6	JAYRIN JOHNSON	COASTLINE/VOORWAARTS	11	8	2018/09/28	M	00:04:14.27
7	Mujahied Jansen	Kannaland (Excelsior)	12	8	2018/02/14	M	00:04:14.70
8	Enzio Van Wyngaard	Kannaland (Excelsior)	13	8	2018/08/09	M	00:04:15.06
9	MALAN UYS	WESBANK	14	8	2019/04/02	M	00:04:16.47
10	Barend Scholtz	Laerskool Park	19	8	2018/03/27	M	00:06:04.87
Girls 9 yrs (2017) QT 00:08:29							
1	Andrea Pieterse	Coastline AC	31	9	2017/03/14	F	00:08:21.62
2	Liandi van Zyl	Cape Multi Sport Eden	33	9	2017/10/04	F	00:08:34.93

3	Liah Wiese	Boxer AC	34	9	2017/03/12	F	00:08:37.95
4	Jordane Ponot	Coastline AC	35	9	2017/05/03	F	00:08:43.21
5	RONISHA JANSEN	BORCHARDS EAGLES	38	9	2017/08/30	F	00:09:01.86
6	Lisa Prinsloo	Laerskool Park	43	9	2017/08/02	F	00:09:18.91
7	Imange Jenase	Hornlee Primary	49	9	2017/04/28	F	00:09:48.09
8	Zubaidah Corver	Laerskool Park	50	9	2017/07/20	F	00:09:50.33
9	Luzaandra Botha	Hornlee Primary	51	9	2017/04/04	F	00:09:51.52
10	Milané Belstead	Laerskool Park	52	9	2017/12/26	F	00:10:00.96
11	Jaydene Barnard	Sunridge Primary	58	9	2017/04/17	F	00:10:50.43
12	Alexa Petersen	Laerskool Park	60	9	2017/07/06	F	DNF
Boys 9 yrs (2017) QT 00:07:58							
1	SERGIO VAN ROOYEN	BORCHARDS EAGLES	2	9	2017/01/02	M	00:06:53.31
2	Elcardo Malan	Kannaland(Amalienstein)	4	9	2017/03/20,	M	00:07:00.36
3	Adam Van Der Westhuizen	Plett Primary	9	9	2017/05/05	M	00:07:18.39
4	ZEENAN COERIES	BORCHARDS EAGLES	14	9	2017/07/06	M	00:07:32.01
5	Tylor De Bruin	Borchards Eagles (Heidedal)	16	9	2017/06/10	M	00:07:37.57
6	Wyatt Daniels	Laerskool Bertie Barnard	17	9	2017/04/29	M	00:07:41.31
7	Kyle Alexander	Sunridge Primary	22	9	2017/06/25	M	00:07:46.95
8	Christopher Benson	Sunridge Primary	23	9	2017/04/25	M	00:07:50.44
9	JEONNEMO VAN WYK	BORCHARDS EAGLES	24	9	2017/07/14	M	00:07:54.31
10	LEOGHIN RIDDLES	COASTLINE/VOORWAARTS	25	9	2017/02/03	M	00:07:55.46
11	KIAN UYS	WESBANK	27	9	2017/10/24	M	00:08:02.42
12	Jeanwill Lawa	Borchards Eagles (Heidedal)	28	9	2017/05/07	M	00:08:13.88
13	Luan Smith	Hartenbos drawwers	37	9	2017/03/26	M	00:09:00.88
14	Aldio Windvogel	Kannaland (Excelsior)	45	9	2017/06/30	M	00:09:31.75
Girls 10 yrs (2016) QT 00:08:14							
1	Carmnay Francis	Amalienstein Primêr	15	10	2016/11/03	F	00:07:32.92
2	Brooklyn Veldkornet	Fraaisig Primary School	20	10	2016/07/31	F	00:07:43.62
3	ELMO-DENE ARMOED	BORCHARDS EAGLES	21	10	2016/05/06	F	00:07:46.34
4	LIBBY SWANEPOEL	WESBANK	26	10	2016/04/04	F	00:07:59.79
5	Lenelle Lotz	Laerskool Park	29	10	2016/02/16	F	00:08:15.13

6	SUENAY KLAASEN	GROOT-BRAKRIVIER PRIMARY	30	10	2016/03/25	F	00:08:15.95
7	Marli Joubert	Nedbank RC	36	10	2016/03/29	F	00:08:49.77
8	MISCKA JONCK	BORCHARDS EAGLES	39	10	2016/12/03	F	00:09:02.74
9	Jerenay Meyer	Panorama Prim	41	10	2016/12/14	F	00:09:15.27
10	Trinity Shaba	Fraaisig Primary School	42	10	2016/02/17	F	00:09:15.83
11	Enya Swanepoel	WESBANK	44	10	2016/04/04	F	00:09:21.08
12	Davidene April	Excelsior Primêr	46	10	2016/04/13	F	00:09:32.30
13	Elzandre Stroebel	Hornlee Primary	53	10	2016/03/30	F	00:10:08.65
14	Trivonia Elbrink	Panorama Prim	54	10	2016/05/09	F	00:10:14.10
15	Delnisha Titus	Fraaisig Primary School	55	10	2016/04/08	F	00:10:16.83
16	Leané Rheeder	Laerskool Park	59	10	2016/12/19	F	00:10:54.42
Boys 10 yrs (2016) QT 00:07:39							
1	KAYDEN VAN ROOYEN	BORCHARDS EAGLES	1	10	2016/02/02	M	00:06:45.04
2	Reuben Jacobs	Borchards Eagles (Heidedal)	3	10	2016/03/02	M	00:06:59.04
3	JAYDEN LOURENS	BORCHARDS EAGLES	5	10	2016/01/04	M	00:07:04.42
4	KYLE VAN ROOYEN	BORCHARDS EAGLES	6	10	2016/02/02	M	00:07:09.07
5	LIAM KIEWIET	GROOT-BRAKRIVIER PRIMARY	7	10	2016/10/20	M	00:07:14.92
6	SHUMEAL SAAIMAN	BORCHARDS EAGLES	8	10	2016/08/27	M	00:07:17.44
7	JOHNATHAN FRANCES	COASTLINE/VOORWAARTS	10	10	2016/04/10	M	00:07:19.18
8	Chiano Julies	Kannaland	11	10	2016/11/13	M	00:07:19.54
9	Cheraldon Abrahams	Kannaland(Amalienstein)	12	10	2016/06/04	M	00:07:25.35
10	Laurenzo Heyns	Fraaisig Primary School	13	10	2016/03/17	M	00:07:28.83
11	Alroy Prins	Phakamisani Primary School	18	10	2016/01/01	M	00:07:42.12
12	KRISHAN PETERSEN	BORCHARDS EAGLES	19	10	2016/01/28	M	00:07:43.01
13	Jamaihl Claasen	Kannaland (Excelsior)	32	10	2016/10/16	M	00:08:22.19
14	Willene Lottering	Hornlee Primary	40	10	2016/01/06	M	00:09:10.52
15	Mack-Shane Hans	Laerskool Hartenbos	47	10	2016/12/08	M	00:09:32.97
16	DJ Soloman	Laerskool Hartenbos	48	10	2016/02/09	M	00:09:36.71
17	Logan Meyer	Laerskool Park	56	10	2016/08/22	M	00:10:33.88
18	KELLEN CUPIDO	GROOT-BRAKRIVIER PRIMARY	57	10	2016/06/04	M	00:10:44.65
Girls 11 yrs (2015) QT 00:12:24							

1	SUSALINE CAMPHER	BORCHARDS EAGLES	12	11	2015/01/18	F	00:11:09.18
2	Talitha Wiese	Boxer AC	15	11	2015/03/30	F	00:11:14.81
3	Cassidy Jansen	Coastline AC	35	11	2015/07/08	F	00:12:42.13
4	Angeline Swart	Coastline AC	36	11	2015/10/04	F	00:12:46.43
5	Ava Van Rooyen	Hornlee Primary	38	11	2015/08/07	F	00:13:09.22
6	Claire Ambraal	Fraaisig Primary School	47	11	2015/07/31	F	00:13:36.41
7	Storm Grootboom	Sunridge Primary	49	11	14/4/2015	F	00:13:42.41
8	Sky Stofberg	Sunridge Primary	51	11	2015/03/16	F	00:13:43.79
9	Raylee Coetzee	Fraaisig Primary School	54	11	2015/05/27	F	00:14:02.38
10	Danolene Hendricks	Sunridge Primary	55	11	2015/03/15	F	00:14:13.87
11	Amorey Kleinbooi	Hornlee Primary	57	11	2015/05/19	F	00:14:24.11
12	Marion Grispe	Shalom Akademie	58	11	2015/09/17	F	00:14:26.00
13	Asemahle Plaatjies	Hornlee Primary	61	11	2015/05/03	F	00:15:01.93
14	Natalie Melambo	Sunridge Primary	63	11	23/11/2015	F	00:15:42.47
15	MICHA WHITES	GROOT-BRAKRIVIER PRIMARY	64	11	2015/12/12	F	00:15:42.94
16	Cassie Jasson	Gamka Oos Primêr	65	11	2015/03/05	F	00:15:46.58
17	Tiffany Kiewiets	Gamka Oos Primêr	66	11	2015/03/19	F	00:15:47.17
Boys 11 yrs (2015) QT 00:11:27							
1	USAIN JANSEN	BORCHARDS EAGLES	2	11	2015/09/26	M	00:09:54.19
2	Rhys Goosen	Boxer AC	4	11	2015/05/06	M	00:10:25.03
3	LENESTEYO DE VILLIERS	COASTLINE/VOORWAARTS	5	11	2015/02/10	M	00:10:31.31
4	Agemi Ambros	Kannaland(Amalienstein)	7	11	2015/10/19	M	00:10:37.56
5	Hudson Ponot	Coastline AC	10	11	2015/03/12	M	00:11:01.97
6	Enrickus Conradie	Kannaland(Gamka-Oos-Primer)	18	11	2015/04/23	M	00:11:21.24
7	Eben Jordaan	Cape Multi Sport Eden	20	11	2015/08/04	M	00:11:28.89
8	Ashliano Milela	Borchards Eagles (Heidedal)	22	11	2015/07/13	M	00:11:44.21
9	Leighton Pieterse	Laerskool Bertie Barnard	23	11	2015/11/09	M	00:11:49.96
10	Keanu Alkaster	Sunridge Primary	25	11	2015/01/01	M	00:11:52.62
11	Daniel Jullies	Kannaland (Excelsior)	26	11	2015/06/10	M	00:11:59.12
12	Ray-Jay Rhenoster	Kannaland (Excelsior)	27	11	2015/08/03	M	00:11:59.85
13	Tyreeq Jacobs	Gamka Oos Primêr	37	11	2015/09/28	M	00:13:08.19

14	Katlego Moremi	Laerskool Hartenbos	43	11	2015/06/22	M	00:13:26.86
15	Nkosinathi Seshoba	Laerskool Hartenbos	46	11	2015/08/11	M	00:13:35.94
16	Rovurchen Saaiman	Laerskool Hartenbos	52	11	2015/04/28	M	00:13:46.24
Girls 12 yrs (2014) QT 00:12:06							
1	Jenique Claasen	Coastline AC	14	12	2014/12/17	F	00:11:10.98
2	CHUMA BEUZANA	BORCHARDS EAGLES	19	12	2014/05/11	F	00:11:25.67
3	KENNILENE BOOYSEN	BORCHARDS EAGLES	21	12	2014/02/19	F	00:11:36.17
4	Kristin Van Heerden	Hartenbos drawwers	24	12	2014/04/24	F	00:11:50.62
5	Naheema Booysen	Sunridge Primary	30	12	2014/08/05	F	00:12:12.08
6	Sisipho Bali	Phakamisani Primary School	31	12	2014/06/13	F	00:12:13.65
7	CHANE BARNARD	WESBANK	32	12	2014/06/12	F	00:12:17.38
8	Charlotte Gelant	Amalienstein Primêr	34	12	2014/06/18	F	00:12:37.71
9	Ronelia Boer	Sunridge Primary	40	12	2014/11/25	F	00:13:12.63
10	Zandile Ncube	Phakamisani Primary School	41	12	2014/11/03	F	00:13:25.11
11	CASSIDY WINDVOGEL	GROOT-BRAKRIVIER PRIMARY	42	12	2014/06/01	F	00:13:26.30
12	Jane Joubert	Nedbank RC	53	12	2014/08/04	F	00:13:51.40
13	Dinicia Hansen	Sunridge Primary	56	12	2014/03/22	F	00:14:16.45
14	Lillian le Roux	Laerskool Park	59	12	2014/05/05	F	00:14:26.77
15	Rita Loff	Calitzdorp Hoërskool	67	12	2014/01/01	F	00:17:20.85
Boy 12 yrs (2014) QT 00:11:12							
1	Jayden Tromp	Coastline AC / Voorwaarts	1	12	2014/04/14	M	00:09:53.76
2	Alvino Martins	Kannaland(Amalienstein)	3	12	2014/07/22	M	00:10:15.72
3	MACHIANO BARNARD	COASTLINE/VOORWAARTS	6	12	2014/05/13	M	00:10:33.86
4	JOHN-LEE SEPTEMBER	BORCHARDS EAGLES	8	12	2014/09/04	M	00:10:38.24
5	JC le Clus	Laerskool Park	9	12	2014/09/16	M	00:10:51.33
6	Lewellyn Jansen	Kannaland(Amalienstein)	11	12	2014/10/16	M	00:11:05.81
7	Reshaiden Claassen	Kannaland(Amalienstein)	16	12	2014/01/23	M	00:11:15.28
8	Alviro Baardman	Gamka Oos Primêr	17	12	2014/02/13	M	00:11:19.90
9	CHARL BARNARD	WESBANK	33	12	2014/06/12	M	00:12:20.65
10	Valentino Swart	Coastline AC	39	12	2014/03/22	M	00:13:11.09
11	Miguel Kruger	Laerskool Hartenbos	45	12	2014/12/09	M	00:13:35.50

12	Elihle Sidoyi	Phakamisani Primary School	48	12	2014/09/21	M	00:13:37.39
Girls 13 yrs (2013) QT 00:12:04							
1	RONISHA MOOLMAN	BORCHARDS EAGLES	13	13	2013/07/24	F	00:11:10.08
2	Elcaydiha van Wyk	Coastline AC	28	13	2013/04/25	F	00:12:05.11
3	Jonesia Janklaas	Fraaisig Primary School	29	13	2013/03/17	F	00:12:08.53
4	Melissa Pietersen	Excelsior Primêr	44	13	1/12/2013	F	00:13:30.42
5	Cliché Shawa	Sunridge Primary	50	13	2013/07/30	F	00:13:43.16
6	Chesnay Mzimela	Hornlee Primary	60	13	24/6/2013	F	00:14:54.18
7	Isabella van der Berg	Laerskool Park	62	13	23/7/2013	F	00:15:07.39
Boys 13 yrs (2013) QT 00:14:47							
1	CALEB MATTHEWS	COASTLINE/VOORWAARTS	1	13	2013/01/08	M	00:13:23.66
2	CLAYTON FRANCES	COASTLINE/VOORWAARTS	4	13	2013/09/13	M	00:13:50.54
3	ANTHEO CLAASSEN	GROOT-BRAKRIVIER PRIMARY	6	13	2013/01/19	M	00:13:55.67
4	DREYWHIN COERIES	BORCHARDS EAGLES	7	13	2013/12/21	M	00:13:59.03
5	Danielo Blouw	Hornlee Primary	10	13	2013/04/21	M	00:14:16.94
6	Khanyisa Jodwana	Phakamisani Primary School	11	13	2013/01/25	M	00:14:39.94
7	Taswel-Lee Geduld	Kannaland	14	13	2013/05/15	M	00:15:00.19
8	Gabriel Oktober	Cape Multisport Eden	18	13	2013/12/14	M	00:15:19.29
9	Zaydian Shand	Kannaland(Amalienstein)	20	13	2013/06/02	M	00:15:47.92
10	Luwthano Stroebe	Sunridge Primary	22	13	2013/04/23	M	00:16:03.45
11	Jan-Louis de Jager	Van Reede	23	13	2013/06/18	M	00:16:05.19
12	SULAIMAN OLIVIER	GROOT-BRAKRIVIER PRIMARY	25	13	2013/11/04	M	00:16:23.07
13	Anwil van Rooyen	Kannaland(Excelsior)	27	13	2013/10/14	M	00:17:03.82
14	Makhosi Msebele	Phakamisani Primary School	31	13	2013/05/01	M	00:17:28.03
15	THUKWAN WINDVOGEL	GROOT-BRAKRIVIER PRIMARY	33	13	2013/10/27	M	00:17:56.45
16	Alime Luphuwane	Phakamisani Primary School	35	13	2013/10/31	M	00:18:11.81
17	Jandry Hansen	Kannaland(Excelsior)	37	13	2013/12/23	M	00:19:44.04
18	Divan Pretorius	Laerskool Park	38	13	2013/01/15	M	00:19:58.81
19	Ruwanda Waggenaer	Calitzdorp Hoërskool	41	13	2013/01/01	F	00:22:33.71
Girls 14 yrs (2012) QT 00:16:15							
1	Elreazia Van Der Westhuizen	Hornlee Primary	19	14	2012/01/28	F	00:15:21.74

2	Adelaide Martins	Zoar R.P. Botha Primêr	28	14	2012/09/19	F	00:17:08.06
3	Gircia Samson	Zoar R.P. Botha Primêr	30	14	2012/05/24	F	00:17:21.01
4	Saskia Ludick	Gamka Oos Primêr	39	14	2012/08/02	F	00:20:10.19
5	Rozelle Timmie	Zoar R.P. Botha Primêr	40	14	2012/02/23	F	00:20:45.70
Boys 14 yrs (2012) QT 00:14:25							
1	Emaneul Jacobs	BORCHARDS EAGLES	2	14	2012/01/02	M	00:13:31.23
2	HENWILL GROOTBOOM	BORCHARDS EAGLES	3	14	2012/09/12	M	00:13:35.62
3	CHRISTIANO Michaels	Gerrit Du Plessis Sec	5	14	2012/06/18	M	00:13:53.39
4	Peter Andre Steyn	Kannaland(Zoar R.P Botha Primer)	8	14	2012/03/26	M	00:14:07.98
5	Taylor April	Kannaland(Hoerskool Calitzdorp)	9	14	2012/03/01	M	00:14:12.49
6	Reitumetse Ncephe	Phakamisani Primary School	12	14	2012/05/21	M	00:14:41.26
7	Marekwin Booysen	Kannaland	13	14	2012/03/28	M	00:14:42.00
8	JAYDRIAN JANSEN	GROOT-BRAKRIVIER PRIMARY	15	14	2012/03/13	M	00:15:06.80
9	HAYQUIN-LEE Pieterse	Gerrit Du Plessis Sec	16	14	2012/06/17	M	00:15:09.88
10	JOHANDRE Prins	Gerrit Du Plessis Sec	17	14	2012/06/13	M	00:15:10.84
11	Ernest Mackenzie	Van Reede	21	14	2012/09/05	M	00:15:59.91
12	Aphiwe Bolo	Phakamisani Primary School	24	14	2012/08/13	M	00:16:10.86
13	Lunathi Madolo	Fraaisig Primary School	26	14	2012/10/11	M	00:16:48.23
14	Kenzo Solomons	Hornlee Primary	29	14	2012/10/04	M	00:17:14.93
15	Indiphile Sopali	Phakamisani Primary School	32	14	2012/10/10	M	00:17:39.02
16	Hylon Jason George	Van Reede	34	14	2012/07/29	M	00:18:09.02
17	BRIAN VILJOEN	Outeniqua Harriers	36	14	2012/12/23	M	00:18:12.29
Girls 15 yrs (2011) QT 00:16:10							
1	BIANCA Frances	Gerrit Du Plessis Sec	13	15	2011/05/25	F	00:15:31.02
2	SARAH SAAYMAN	LANGENHOVEN GIM	14	15	2011/07/05	F	00:15:41.15
3	Sheliena van Wyngaardt	Excelsior Primêr	17	15	2011/06/20	F	00:17:39.11
4	Jay-Dian Opperman	Zoar R.P. Botha Primêr	19	15	2011/06/23	F	00:19:05.54
5	Melveron Steenberg	Zoar R.P. Botha Primêr	20	15	2011/11/10	F	00:19:56.75
6	Catherine Lee	Excelsior Primêr	21	15	2011/05/02	F	00:20:17.02
Boys 15 yrs (2011) QT 00:13:57							
1	TRISTAN MEYER	CURRO MOSSEL BAY	1	15	2011/01/24	M	00:12:38.07

2	Tito Barry	Kannaland(Zoar R.P Botha Primer)	2	15	2011/11/10	M	00:12:46.72
3	Luciano Mongo	BORCHARDS EAGLES	3	15	2011/05/12	M	00:12:51.73
4	Jason Page	BORCHARDS EAGLES	4	15	2011/07/02	M	00:13:12.54
5	Jaydin Damons	Hornlee Primary	5	15	2011/08/06	M	00:13:33.99
6	Hanlo Barkhuizen	Boxer AC	6	15	2011/01/18	M	00:13:46.28
7	WESHLEY Sebyboe	Gerrit Du Plessis Sec	7	15	2011/03/21	M	00:14:04.15
8	HEINWILL Paulsen	Gerrit Du Plessis Sec	8	15	2011/09/11	M	00:14:15.16
9	STIAAN VAN WYK	LANGENHOVEN GIM	9	15	2011/05/29	M	00:14:27.17
10	Quin Fourie	Kannaland(Hoerskool Ladismith)	10	15	2011/10/05	M	00:14:27.88
11	Dawino Staalmeester	Kannaland(Zoar R.P Botha Primer)	11	15	2011/06/20	M	00:14:35.85
12	Ozisweyinko Mpofu	Phakamisani Primary School	12	15	2011/06/06	M	00:15:09.54
13	Chumile Mawela	Phakamisani Primary School	15	15	2011/12/04	M	00:17:15.64
14	Mogan Janjalo	Kannaland(Zoar R.P Botha Primer)	16	15	2011/04/22	M	00:17:23.63
15	Dillan Terblanche	Fraaisig Primary School	18	15	2011/03/11	M	00:18:58.24
Girls 16 yrs (2010) QT 00:17:27							
1	CORLEY-ANN Pietersen	Gerrit Du Plessis Sec	8	16	2010/01/09	F	00:19:57.71
Boys 16 yrs (2010) QT00:21:48							
1	ALEXANDER VD WESTHUIZEN	LANGENHOVEN GIM	6	16	2010/03/10	M	00:19:26.37
2	TIMOTHY Sebyboe	Gerrit Du Plessis Sec	9	16	2010/06/17	M	00:20:24.07
3	Dino Korkey	Oker Primer	11	16	2010/06/14	M	00:21:08.78
4	Brentino Windvogel	Kannland(Ladismith Sek)	12	16	2010/05/30	M	00:21:38.85
5	Macniel Quintini	Kannland(Ladismith Sek)	13	16	2010/01/12	M	00:21:39.55
6	Nathan Jantjies	Sunridge Primary	14	16	2010/11/02	M	00:22:20.93
7	Dante Pretorius	Borchards Eagles	16	16	2010/02/10	M	00:22:44.88
8	Gillaum Nel	Kannland(Ladismith Sek)	17	16	2010/06/25	M	00:22:51.70
9	Panashe Mackenzie	Van Reede	20	16	2010/10/22	M	00:23:54.56
10	Reagan Koert	Hornlee Primary	22	16	2010/05/23	M	00:25:34.94
11	Leighton Davids	Kannaland(Ladismith Sek)	26	16	2010/08/01	M	00:29:05.30
Girls 17 yrs (2009) QT 00:17:28							
1	CAITLYN CAYWOOD	LANGENHOVEN GIM	1	17	2009/06/04	F	00:14:51.00
2	ALEXA KOHLER	OUT HARRIERS	2	17	2009/07/14	F	00:17:21.28

3	JOSEPH Delicia	Gerrit Du Plessis Sec	3	17	2009/01/11	F	00:18:18.64
4	CONTENTA NEL	OUT HARRIERS	4	17	2009/11/20	F	00:18:19.26
5	MALAIKE NORTH	OUT HARRIERS	5	17	2009/12/14	F	00:18:57.77
6	Mellissa Hufke	Hoërskool Calitzdorp	25	17	2009/03/06	F	00:27:14.61
Boys 17 yrs (2009) QT 00:21:45							
1	Khayiniso Pietersen	Olympia SOS	7	17	2009/05/06	M	00:19:41.63
2	CJ JAFTHA	LANGENHOVEN GIM	10	17	2009/06/20	M	00:20:53.18
3	Geraldo Conradie	Kannaland(Zoar R.P Botha)	15	17	2009/06/23	M	00:22:33.64
4	Reano Wagenaar	Kannaland(Hoerskool Calitzdorp)	18	17	2009/03/24	M	00:22:58.33
5	TOMMIE OLIVIER	LANGENHOVEN GIM	19	17	2009/11/15	M	00:23:25.58
6	Ruwaan Afrikaner	Kannaland(Ladismith Sek)	21	17	2009/01/13	M	00:24:30.55
7	Jean Pierre Solomons	Kannaland(Hoerskool Calitzdorp)	23	17	2009/07/20	M	00:25:35.39
8	Struan Benjamin	Kannaland(Hoerskool Ladismith)	24	17	2009/06/03	M	00:25:52.40
JW(2008+2007) QT 00:27:23							
1	Chelsea Saayman	Coastline AC	8	JW	2008/10/21	F	00:25:02.45
JM (2008+2007) QT 00:28:31							
1	WILLMARK Daniels	Gerrit Du Plessis Sec	7	JM	2008/06/30	M	00:24:48.32
2	Dian Barkhuizen	Boxer AC	9	JM	2008/06/29	M	00:25:28.65
3	Luciano Squire	Pacaltsdorp Hoerskool	10	JM	2008/05/12	M	00:25:58.10
4	TLHOMELANG Thatayaone	Gerrit Du Plessis Sec	11	JM	2007/07/18	M	00:26:04.67
5	Krizim Antonie	Kannaland(Ladismith S.S)	12	JM	2007/02/04	M	00:28:26.09
6	Josef Bantom	Kannaland(Ladismith S.S)	13	JM	2008/01/10	M	00:29:05.49
7	Romeo Grootboom	Kannaland(Hoerskool Calitzdorp)	14	JM	2008/07/28	M	00:30:36.94
8	Chadle Martins	Kannaland(Zoar R.P Botha)	15	JM	2008/11/15	M	00:30:37.45
9	Dwayne Beginsel	Kannaland(Hoerskool Calitzdorp)	16	JM	2008/09/05	M	00:30:51.67
10	Hillmar Isaacs	Kannaland(Ladismith S.S)	17	JM	2008/04/12	M	00:32:29.95
11	Gerard Paulse	Kannaland(Ladismith S.S)	18	JM	2007/11/04	M	00:32:50.42
12	Sidwell Booysen	Kannaland(Ladismith S.S)	19	JM	2007/03/31	M	00:34:10.52
Senior Women 20 - 34yrs (2006 & 1992) 4km QT 00:17:09							
1	Jandri Snyders	Hartenbos drawwers	4	20-34	2004/03/02	F	00:13:44.15
2	Shafika Du Preez	BORCHARDS EAGLES	5	20-34	2006/07/11	F	00:17:17.85

3	Mishka Du Preez	BORCHARDS EAGLES	6	20-34	2004/08/13	F	00:20:54.58
Senior (Open) Women 20 -34 (2006- 1992) 8km							
	NONE						
Senior Men 20 - 34yrs (2006 & 1992) 4km QT 00:13:22							
1	Mario van Schalkwyk	Coastline AC	1	20-34	2000/02/10	M	00:12:23.69
2	Luciano Stuurman	Coastline AC	2	20-34	2004/07/08	M	00:12:34.30
3	Maxi Lee Pedro	Coastline AC	3	20-34	2001/06/02	M	00:13:02.62
Senior (Open) Men 20 -34 (2006- 1992) 10km QT 00:35:39							
1	Durando Aweries	Nedbank Rc	20	20-34	2003/07/30	M	00:34:49.71
2	Arche Oktober	32Gi	21	20-34	2005/04/20	M	00:36:39.82
3	Leon Adams	Coastline AC	22	20-34	1994/02/01	M	00:39:56.78
Women 35 -49 (1991 - 1977) QT 00:19:34(35-39) /00:19:41(40-44)/ 00:20:25(45-49)							
1	CINDY VILJOEN	NEDBANK RC	1	35-49	1986/12/03	F	00:15:51.23
2	Katy Scholtz	Fancourt A C	3	35-49	1984/07/31	F	00:17:07.73
3	Ronel Ponot	Coastline AC	4	35-49	1981/09/11	F	00:18:27.57
4	Jeanine Snyders	Hartenbos drawwers	5	35-49	1978/01/09	F	00:20:00.32
Men 35 -49 (1991 - 1977)QT 00:32:37(35-39)/ 00:32:08(40-44)/ 00:37:22(45-49)							
1	Abraham Oktober	32GI	12	35-49	1983/04/15	M	00:30:21.88
2	Bjorn Uys	Nedbank RC	13	35-49	1985/01/04	M	00:33:01.91
3	Nelson Bass	Nedbank	14	35-49	1979/01/10	M	00:33:14.26
Women 50 - (1976 -1967) QT 00:22:02(50-54)/00:24:24(55-59)							
1	Benita Joubert	Nedbank RC	2	50-59	1976/05/04	F	00:16:55.17
Women 60 + yrs (1966- 1957) QT 00:32:15 (60-64)/00:34:19 (65-69)							
1	Sharon Losper	BORCHARDS EAGLES	6	60-69	1964/09/30	F	00:20:04.87
Men 50 - (1976- 1967) QT 00:37:37(50-54)/ 00:38:02(55-59)							
1	Johannes Jordaan	Cape Multisport Eden	16	50-59	1976/07/09	M	00:36:05.14
Men 60 + yrs (1966 -1957) QT 00:30:29(60-64)/00:46:40 (65-69)							
1	Isaac Opperman	Kannaland	7	60-69	1966/08/17	M	00:22:56.46
2	Joseph Potgieter	Nedbank RC	10	60-69	1961/01/12	M	00:27:23.65
3	DB Prinsloo	Hartenbos Drawwers	15	60-69	1961/05/11	M	00:33:18.57
Women 70 + yrs (1956 -1947) QT 00:39:08 (70-74)/ 00:35:30 (75-79)							

1	Marille Bass	TEMP	9	70-79	1955/05/15	F	00:25:52.66
Men 70 + yrs (1956 -1947) QT 00:40:09 (70-74)/00:34:16 (75-79)							
1	Dion Van Vuuren	Hartenbos drawwers	11	70-79	1955/05/15	M	00:29:36.92
Women 80 + yrs (1946 -) QT 00;40:00							
1	None						
Men 80 + yrs (1946-) QT 00:39:33							
1	Les Stuart	Hartenbos drawwers	8	80+	1942/06/28	M	00:24:14.23

Red filter means athlete run in the wrong race or age group.