



2026/07/18

[illegible]

1	Misha Meyer	Laerskool George-Suid	12	10	2016/01/19	F	00:08:13.44
2	Brooklyn Veldkornet	Fraaisig Primary School	14	10	2016/07/31	F	00:08:42.34
3	Micah Bezuidenhoud	Nedbank Rc	16	10	2016/08/03	F	00:08:46.76
4	Elné Wessels	Laerskool George-Suid	17	10	2016/10/03	F	00:08:47.46
5	Lenelle Lotz	Laerskool Park	18	10	2016/02/16	F	00:08:48.49
6	Marli Joubert	Nedbank RC	22	10	2016/03/29	F	00:08:54.54
7	PEARL - LYNN VAN COLLER	RIDGEVIEW PRIMARY	28	10	2016/05/28	F	00:11:07.17
8	Mesha Lukas	Bersig PS	29	10	2016/08/07	F	00:11:10.23
9	Tammy-Jay April	Bergsig PS	31	10	2016/02/16	F	00:11:37.25
10	Carmonay Francis	Kannaland	39	10	2016/03/28	F	00:11:56.62
Boys 10 yrs (2016) QT 00:07:39							
1	KAYDEN VAN ROOYEN	BORCHARDS EAGLES	1	10	2016/02/02	M	00:07:19.26
2	JOHNATHAN FRANCES	COASTLINE/VOORWAARTS	2	10	2016/04/10	M	00:07:27.58
3	JAYDEN LOURENS	BORCHARDS EAGLES	3	10	2016/01/04	M	00:07:34.35
4	KYLE VAN ROOYEN	BORCHARDS EAGLES	8	10	2016/02/02	M	00:07:58.24
5	Chiano Julies	Kannaland	9	10	2016/11/13	M	00:08:01.73
6	KRISHAN PETERSEN	BORCHARDS EAGLES	11	10	2016/01/28	M	00:08:10.73
7	Siyabulela Dampies	Sedgefield Primer	19	10	2016/12/13	M	00:08:52.60
8	Ben Uys	Hartenbos drawwers	20	10	2016/12/20	M	00:08:53.41
9	Logan Meyer	Laerskool Park	41	10	2016/08/22	M	00:12:05.78
Girls 11 yrs (2015) QT 00:12:24							
1	SUSALINE CAMPHER	BORCHARDS EAGLES	35	11	2015/01/18	F	00:11:52.50
2	MIA BURGER	CURRO MOSSEL BAY	44	11	2015/05/28	F	00:13:05.72
3	Sesethu Mbara	Sedgefield Primer	49	11	2015/01/25	F	00:14:18.51
4	Hailey Solomons	Sedgefield Primer	53	11	2015/01/18	F	00:15:13.75
Boys 11 yrs (2015) QT 00:11:27							
1	USAIN JANSEN	BORCHARDS EAGLES	23	11	2015/09/26	M	00:08:55.13
2	Rhys Goosen	Boxer AC	25	11	2015/05/06	M	00:10:28.45
3	Eben Jordaan	Cape Multi Sport Eden	37	11	2015/08/04	M	00:11:55.04
4	Marshelline Beukes	Bersig PS	44	11	2015/02/15	M	00:12:22.93
5	Eldino Pietersen	Sedgefield Primer	45	11	2015/08/10	M	00:12:26.40

6	BLAKE MOOS	RIDGEVIEW PRIMARY	47	11	2015/06/22	M	00:12:42.59
7	Furnoll Ambraal	Sedgefield Primer	52	11	2015/08/12	M	00:13:37.97
8	Christiano Jantjies	Sedgefield Primer	58	11	2015/04/04	M	00:15:03.03
Girls 12 yrs (2014) QT 00:12:06							
1	CHUMA BEUZANA	BORCHARDS EAGLES	34	12	2014/05/11	F	00:11:49.94
2	KENNILENE BOOYSEN	BORCHARDS EAGLES	36	12	2014/02/19	F	00:11:54.42
3	Mila Lategan	Hartenbos drawwers	40	12	2014/01/31	F	00:12:03.91
4	Lienke Anker	Boxer AC	43	12	2014/01/03	F	00:12:15.13
5	ZOE BURGER	CURRO MOSSEL BAY	54	12	2014/03/28	F	00:14:21.18
6	Jane Joubert	Nedbank RC	55	12	2014/08/04	F	00:14:24.92
7	TIARA HOPE MEYER	RIDGEVIEW PRIMARY	62	12	2014/07/12	F	00:15:35.10
8	REY - LEIGH ANTHONY	RIDGEVIEW PRIMARY	63	12	2014/07/28	F	00:15:55.95
9	Deonay Gelant	Kannaland	65	12	2014/04/05	F	00:16:18.39
Boy 12 yrs (2014) QT 00:11:12							
1	Alwino Martins	Kannaland	24	12	2014/07/22	M	00:09:20.87
2	JOHN-LEE SEPTEMBER	BORCHARDS EAGLES	26	12	2014/09/04	M	00:10:32.82
3	Reshaiden Claassen	Kannaland(Amalienstein)	27	12	2014/01/23	M	00:10:51.40
4	Dehano Booysen	PAC	30	12	2014/04/12	M	00:11:11.68
5	JC le Clus	Laerskool Park	32	12	2014/09/16	M	00:11:38.99
6	Nathan Eberson	Cape Multi Sport Eden	38	12	2014/09/23	M	00:11:56.08
7	Helgardt De Bruyn	Boxer AC	42	12	2014/03/24	M	00:12:07.95
8	CHRISTIANO PRINCE	FRIEMERSHEIM PRIMARY	46	12	2014/02/26	M	00:12:39.23
9	Marcelino Galant	Sedgefield Primer	51	12	2014/12/05	M	00:13:22.58
10	Cee jay Paatjies	PAC	56	12	2014/12/16	M	00:14:28.28
11	Lyndon De Vos	Sedgefield Primer	57	12	2014/11/27	M	00:14:28.68
12	Graig Maconie	Sedgefield Primer	61	12	2014/04/28	M	00:15:28.03
Girls 13 yrs (2013) QT 00:12:04							
1	WILLENE LINGERVELD	BORCHARDS EAGLES	33	13	2013/07/02	F	00:11:46.75
2	Jonesia Janklaas	Fraaisig Primary School	48	13	2013/03/17	F	00:13:04.25
3	Jula Meyer	Cape Multisport Eden	50	13	2013/08/30	F	00:13:07.28
4	Rayley-Ann Van Wyngaard	Bergsig PS	60	13	2013/04/04	F	00:15:23.09

5	Liza-Lise Mpumela	Sedgefield Primer	64	13	2013/10/18	F	00:16:17.38
6	Keisha Fortuin	Kannaland	66	13	2013/06/21	F	00:16:25.79
Boys 13 yrs (2013) QT 00:14:47							
1	CLAYTON FRANCES	COASTLINE/VOORWAARTS	7	13	2013/09/13	M	00:14:36.31
2	ANTHEO CLAASSEN	GROOT-BRAKRIVIER PRIMARY	8	13	2013/01/19	M	00:14:40.71
3	DREYWHIN COERIES	BORCHARDS EAGLES	9	13	2013/12/21	M	00:15:25.48
4	Taswel-Lee Geduld	Kannaland	10	13	2013/05/15	M	00:15:33.29
5	Gabriel Oktober	Cape Multisport Eden	14	13	2013/12/14	M	00:16:05.55
6	Zaydian Shand	Kannaland(Amalienstein)	15	13	2013/06/02	M	00:16:10.56
7	Wanru Haasbroek	Nedbank	16	13	2013/01/19	M	00:16:20.25
8	Matthew Hartley	32GI	17	13	2013/02/15	M	00:16:24.39
9	Bismark Markotter	Boxer AC	19	13	2013/07/13	M	00:17:11.83
10	Devon Jackson	Bergsig PS	20	13	2013/04/11	M	00:17:12.21
11	Joshua Bezuidenhout	Nedbank RC	22	13	2013/08/28	M	00:17:36.49
12	Elrich Beel	PAC	28	13	2013/04/21	M	00:18:27.67
13	Bradwill Booysen	Bergsig PS	29	13	2013/08/13	M	00:18:29.64
14	Bokamuso Mashigo	PAC	32	13	2013/09/05	M	00:18:39.91
Girls 14 yrs (2012) QT 00:16:15							
1	Raven Davids	PAC	25	14	2012/05/07	F	00:18:08.30
2	Adelaide Martins	Zoar R.P. Botha Primêr	26	14	2012/09/19	F	00:18:17.01
3	SHANEEQUE WHITES	Pacaltsdorp Hoerskool	34	14	2012/06/13	F	00:19:48.44
4	Ashleen Rossouw	PAC	35	14	2012/11/10	F	00:20:39.35
5	Eldeen Beel	PAC	42	14	2012/12/23	F	00:27:03.80
Boys 14 yrs (2012) QT 00:14:25							
1	HENWILL GROOTBOOM	BORCHARDS EAGLES	5	14	2012/09/12	M	00:14:17.87
2	Marekwyn Booysen	Kannaland	11	14	2012/03/28	M	00:15:49.27
3	Hakeem Windvogel	PAC	12	14	2012/01/24	M	00:15:58.08
4	Monray Koopman	Bergsig PS	23	14	2012/08/12	M	00:17:37.29
5	Ernest Mackenzie	Van Reede	27	14	2012/09/05	M	00:18:23.78
6	Bodwin Minnie	Bergsig PS	30	14	2012/10/31	M	00:18:35.19
Girls 15 yrs (2011) QT 00:16:10							

1	ELISTENE ADAMS	Pacaltsdorp Hoerskool	24	15	2011/12/18	F	00:17:44.56
2	CHINIQUA JAFTA	Pacaltsdorp Hoerskool	36	15	2011/02/08	F	00:20:46.57
3	Cherel Scheepers	PAC	43	15	2011/07/04	F	00:28:11.94
Boys 15 yrs (2011) QT 00:13:57							
1	TRISTAN MEYER	CURRO MOSSEL BAY	1	15	2011/01/24	M	00:13:04.78
2	Luciano Mongo	BORCHARDS EAGLES	2	15	2011/05/12	M	00:13:12.75
3	Jason Page	BORCHARDS EAGLES	3	15	2011/07/02	M	00:13:18.43
4	Tito Barry	Kannaland(Zoar R.P Botha Primer)	4	15	2011/11/10	M	00:13:50.25
5	Llewelyn Viljoen	Maties RC	6	15	2011/01/24	M	00:14:20.65
6	Guillaume Liebenberg	Boxer AC	13	15	2011/05/11	M	00:16:01.25
7	FRANKLYNE HARMSE	Outeniqua Harriers	21	15	2011/03/17	M	00:17:12.50
Girls 16 yrs (2010) QT 00:17:27							
1	Hesroline Rossouw	PAC	18	16	2010/09/01	F	00:16:34.62
2	Amoray Van Rooyen	George High / Rainbow	31	16	2010/06/11	F	00:18:36.83
Boys 16 yrs (2010) QT00:21:48							
1	Dino Korkey	Oker Primer	39	16	2010/06/14	M	00:22:34.20
2	Joshua Van Heerden	George High / Rainbow	40	16	2010/04/05	M	00:22:52.79
3	Nazeem Christiaans	PAC	44	16	13/5/2010	M	00:29:40.98
Girls 17 yrs (2009) QT 00:17:28							
1	ALEXA KOHLER	OUT HARRIERS	33	17	2009/07/14	F	00:19:35.10
2	BRUDENE STOFFESL	Pacaltsdorp Hoerskool	37	17	2009/07/29	F	00:21:00.84
Boys 17 yrs (2009) QT 00:21:45							
1	Khayiniso Pietersen	Olympia SOS	38	17	2009/05/06	M	00:22:02.32
2	DIVAAN DE VOS	Pacaltsdorp Hoerskool	41	17	2009/10/03	M	00:27:03.39
JW(2008+2007) QT 00:27:23							
1	Jani Fourie	Boxer	3	JW	2008/08/11	F	00:28:34.20
JM (2008+2007) QT 00:28:31							
1	Diego Scheepers	PAC	4	JM	2008/10/23	M	00:28:38.55
2	Josef Bantom	Kannaland(Ladismith S.S)	5	JM	2008/01/10	M	00:28:41.28
3	Krizim Antonie	Kannaland(Ladismith S.S)	6	JM	2007/02/04	M	00:29:15.42
4	Chadle Martins	Kannaland(Zoar R.P Botha)	7	JM	2008/11/15	M	00:34:04.18

Senior Women 20 - 34yrs (2006 & 1992) 4km QT 00:17:09							
1	Shafika Du Preez	BORCHARDS EAGLES	1	20-34	2006/07/11	F	00:18:52.53
2	Mishka Du Preez	BORCHARDS EAGLES	2	20-34	2004/08/13	F	00:21:57.55
Senior (Open) Women 20 -34 (2006- 1992) 8km							
	NONE						
Senior Men 20 - 34yrs (2006 & 1992) 4km QT 00:13:22							
1	NONE			20-34		M	
Senior (Open) Men 20 -34 (2006- 1992) 10km QT 00:35:39							
1	Durando Aweries	Nedbank Rc	8	20-34	2003/07/30	M	00:36:32.81
2	Arche Oktober	32Gi	9	20-34	2005/04/20	M	00:37:46.85
3	Jadrian Booysen	BORCHARDS EAGLES	10	20-34	2004/10/06	M	00:41:10.54
4	Timotheus Markgraaff	Nedbank Rc	11	20-34	2002/01/08	M	00:43:02.64
Women 35 -49 (1991 - 1977) QT 00:19:34(35-39) /00:19:41(40-44)/ 00:20:25(45-49)							
1	Melissa Meyer	Eden Cape Multisport	1	35-49	1987/05/16	F	00:17:44.84
2	Katy Scholtz	Fancourt A C	4	35-49	1984/07/31	F	00:22:36.77
3	Allie Burger	Hartenbos drawwers	5	35-49	1990/01/22	F	00:22:45.41
Men 35 -49 (1991 - 1977)QT 00:32:37(35-39)/ 00:32:08(40-44)/ 00:37:22(45-49)							
1	Abraham Oktober	32GI	10	35-49	1983/04/15	M	00:31:30.19
2	Karel Burger	Hartenbos drawwers	14	35-49	1980/12/04	M	00:36:05.12
3	Jan Meyer	Cape Multisport Eden	15	35-49	1982/11/19	M	00:36:05.61
Women 50 - (1976 -1967) QT 00:22:02(50-54)/00:24:24(55-59)							
1	Elmien Nel	Nedbank RC	2	50-59	1971/03/17	F	00:20:08.11
	Avril Davids	Nedbank RC	10	50-59	1973/04/05	F	00:31:30.19
	Alida Jacobs	BORCHARDS EAGLES	14	50-59	1972/12/10	F	00:36:05.12
Women 60 + yrs (1966- 1957) QT 00:32:15 (60-64)/00:34:19 (65-69)							
1	Sharon Losper	BORCHARDS EAGLES	3	60-69	1964/09/30	F	00:21:24.36
Men 50 - (1976- 1967) QT 00:37:37(50-54)/ 00:38:02(55-59)							
1	Johannes Jordaan	Cape Multisport Eden	17	50-59	1976/07/09		00:38:05.26
Men 60 + yrs (1966 -1957) QT 00:30:29(60-64)/00:46:40 (65-69)							
1	Samuel Windvogel	Outeniqua Harriers	7	60-69	1963/04/05	M	00:29:34.78
2	Jan Van Zyl	Cape Multisport Eden	8	60-69	1964/07/07	M	00:29:40.11

3	Isaac Opperman	Kannaland	12	60-69	1966/08/17	M	00:31:57.08
Women 70 + yrs (1956 -1947) QT 00:39:08 (70-74)/ 00:35:30 (75-79)							
1	None						
Men 70 + yrs (1956 -1947) QT 00:40:09 (70-74)/00:34:16 (75-79)							
1	Hannes van Wyk	Outeniqua Harriers	9	70-79	1955/02/20	M	00:29:48.39
2	Dion Van Vuuren	Hartenbos drawwers	13	70-80	1955/05/15	M	00:32:59.39
Women 80 + yrs (1946 -) QT 00:40:00							
1	None						
Men 80 + yrs (1946-) QT 00:39:33							
1	None						

Red filter means athlete run in the wrong race or age group.

